

CLASS : 4

SUBJECT : SOCIAL SCIENCE

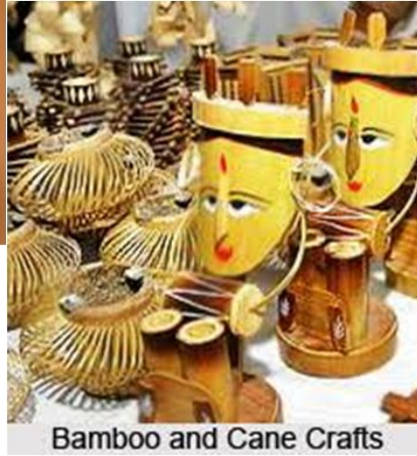
CHAPTER NUMBER: 3

CHAPTER NAME : THE NORTHERN MOUNTAINS

**SUB TOPIC:THE IMPORTANCE OF THE HIMALAYAS,
LIFE IN THE NORTHERN MOUNTAINS- HIMACHAL PRADESH,
UTTARAKHAND, SIKKIM, WEST BENGAL, THE NORTH EASTERN
STATES**

CHANGING YOUR TOMORROW

The people of Kashmir make beautiful handicraft from wood, brass, silver and papier mache.

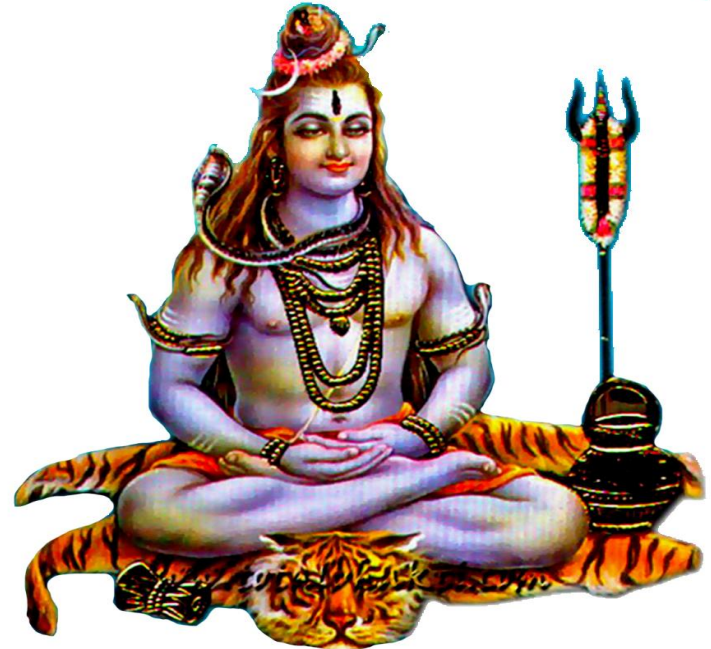


Bamboo and Cane Crafts



Kashmiri, Dongri, Urdu and Ladakh are the languages spoken here.

Eid and Shivaratri are the main festivals.



**Himachal Pradesh in snow clad mountains is a very beautiful state.
Its capital is Shimla.**



1. Thousands of tourists visit to the hill station of Shimla, Dalhousie, Kullu and Manali every year.
2. The toy train which makes people from Kalka to Shimla is a special attraction.
3. The climate is very ideal for the growth of fruits like apples, cherries, plums, apricots and peaches.



- The traditional clothes of women include tight pyjama and loose kurta with scarves around their heads.

- The men wear tight pyjamas and loose shirts with colourful caps.



Costumes of Himachal Pradesh



- Hindi is the official language of the state but people mostly speak in Pahadi.

the main festivals are Dussehra and Diwali.

- The Dussehra celebrations of Kullu are very famous.



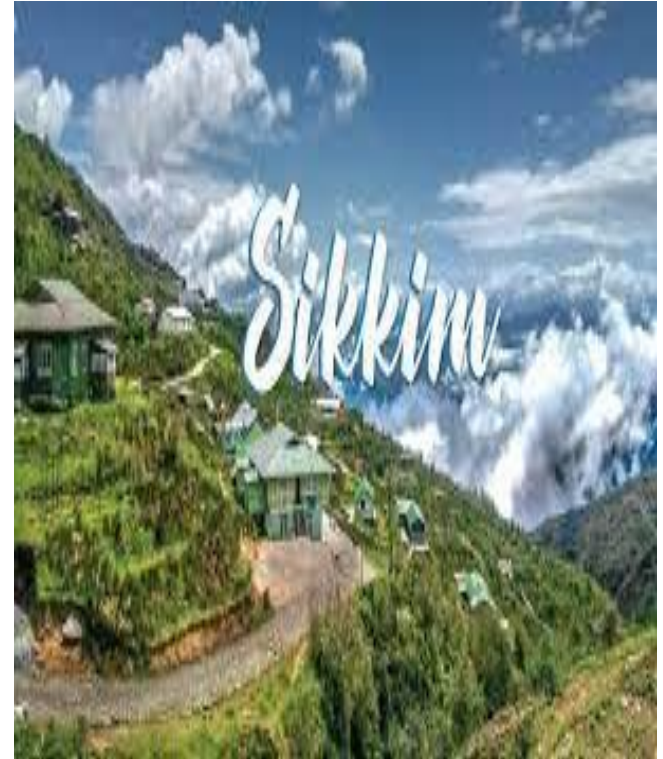
UTTARAKHAND

- Uttarakhand this recently form hill States contains the Garhwal and Kumaon ranges.
- Dehradun is the capital of the state.
- Mussoorie in Garhwal and Nainital in Kumaon are important hill stations.
- The slopes are covered with thick forests of Pine, Oak, deodar and fir trees.
- They are home to a variety of birds and animals.
- Gangotri, Yamunotri Badrinath and Kedarnath tour important places of religious and tourist interest.



Sikkim

- **Gangtok is the capital of the small hill state.**
- **Kanchenjunga in Sikkim is the third highest mountain peak in the world.**
- **The state is famous for the orchids.**
- **Most of the people here belongs to the Lepcha, Bhutia and Nepali tribe.**
- **The women of the state traditionally wear long skirt is called Baku and colourful jewellery made from beads.**



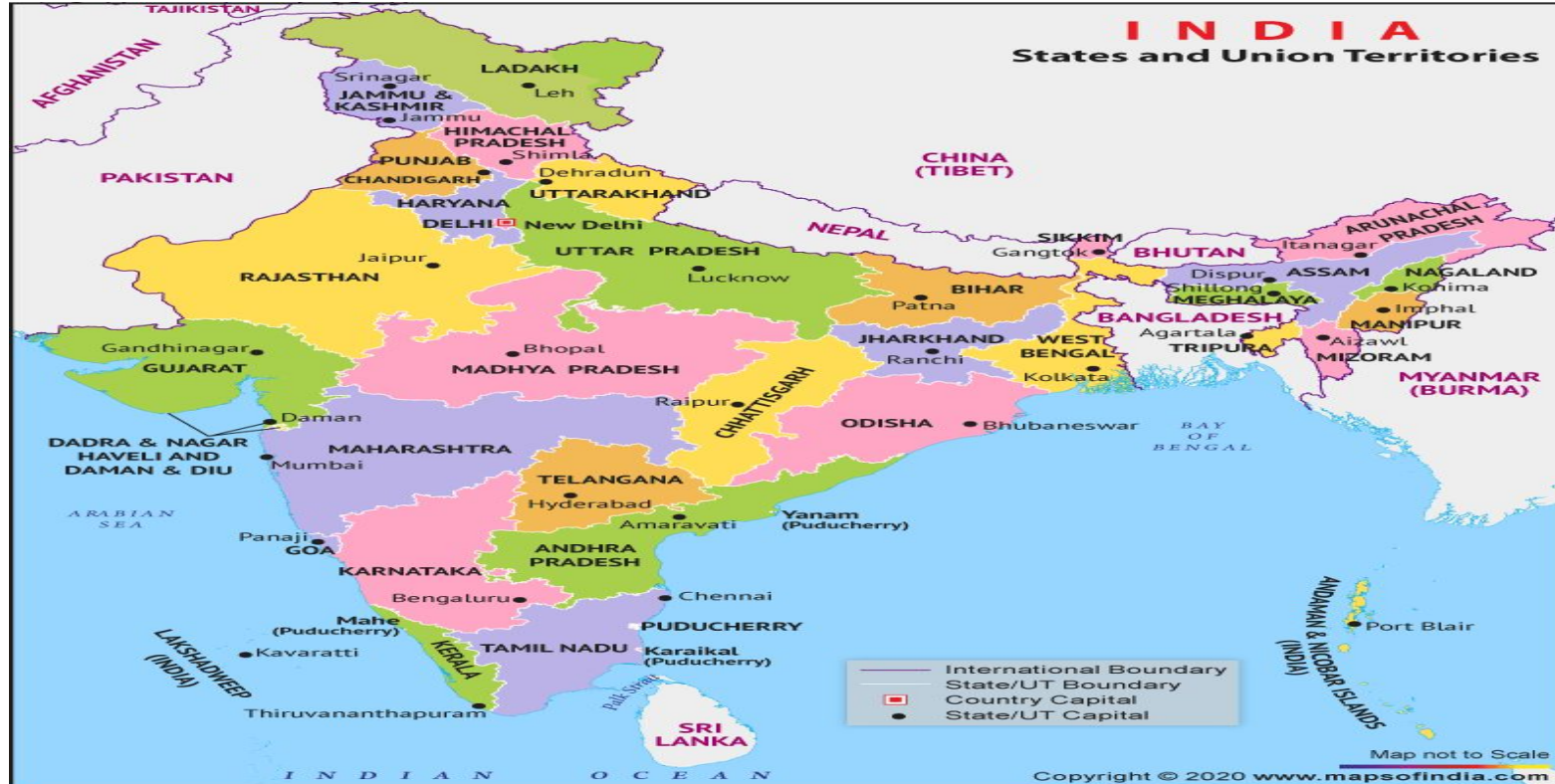
WEST BENGAL

- **West Bengal the northern mountains are confined to the northern parts of the state.**
- **Darjeeling is a hill station situated in the Northern part of the West Bengal**
- **It is famous for the tea grown on the slopes of the hill.**



Life in the Northern Mountains - The north-eastern states





- **Arunachal Pradesh is covered by mountains.**
- **The Brahmaputra river enters India through the state.**
- **The capital of Arunachal Pradesh is Itanagar.**
- **Arunachal Pradesh gets the first sun rays in India.**



- Assam is one of the largest state in North Eastern states.
- Its capital is dispur
- It has large tea plantations.
- Assam is famous for its silk.
- Parts of Assam are covered by the northern plains.



- **Meghalaya is the beautiful hill stations of Shillong.**
- **This state gets the heaviest rainfall in the country.**



Nagaland

- Nagaland is the home of Nagas.
- Its capital is Kohima.
- The Nagas wear colourful shawls.



Manipur

The capital of Manipur is Imphal.

The Manipuri dance is famous all over the country.



- **Mizoram situated in the south of the region.**
- **its capital is Aizawl.**
- **The main language of the state is Mizo.**



Tripura is surrounded on three sides by Bangladesh.

- **Its Capital is Agartala**
- **the people of Tripura make beautiful things from cane and bamboo.**



Bamboo and Cane Crafts

Answer the following questions

Q2. Name the ranges that make up the Himalayas. Which is the highest, and which is the lowest?

Ans. The Himalayas consists of three mountain ranges that run parallel to each other:

- **The Himadri or the Greater Himalayas- Highest range**
- **The Himachal or the Middle Himalayas**
- **The Shiwalik or the Outer Himalayas - lowest range**

Q3. How do rivers originate in the Himalayas?

Ans. They arise from moving sheets of ice called glaciers, as the glaciers move down to warmer regions, the ice melts, and gives rise to rivers.

Q4. What is being done to reduce the damage caused by deforestation in the Himalayas?

Ans.

- a. The Government has made several protected forest areas such as the Corbett National Park and the Kaziranga National Park to stop deforestation and protect animals.**
- b. Planting of trees is also being taken up.**

Q5. What kind of climate does the Northern Mountain region have?

Ans. The Northern Mountain region has an extremely cold climate.

SUMMING UP

The people of Kashmir make beautiful handicraft from wood, brass, silver and papier mache.

Kashmiri, Dongri, Urdu and Ladakh are the languages spoken here.

Himachal Pradesh in snow clad mountains is a very beautiful state. Its capital is Shimla.

Uttarakhand this recently form hill States contains the Garhwal and Kumaon ranges.

Dehradun is the capital of the state.

West Bengal the northern mountains are confined to the northern parts of the state .

Arunachal Pradesh is covered by mountains.

Assam is one of the largest state in North Eastern states.

Quiz

Q 1. Government has made several protected forest areas to do this

- a. Area at the foothills of the Himalayas (actually the foothills of the Shivalik range). Also the area of the Himalayan range that records heavy rainfall
- b. Mount Godwin Austen (K2)
- c. Assam
- d. Prevent deforestation and to also protect wildlife.

Ans. d. Prevent deforestation and to also protect wildlife.

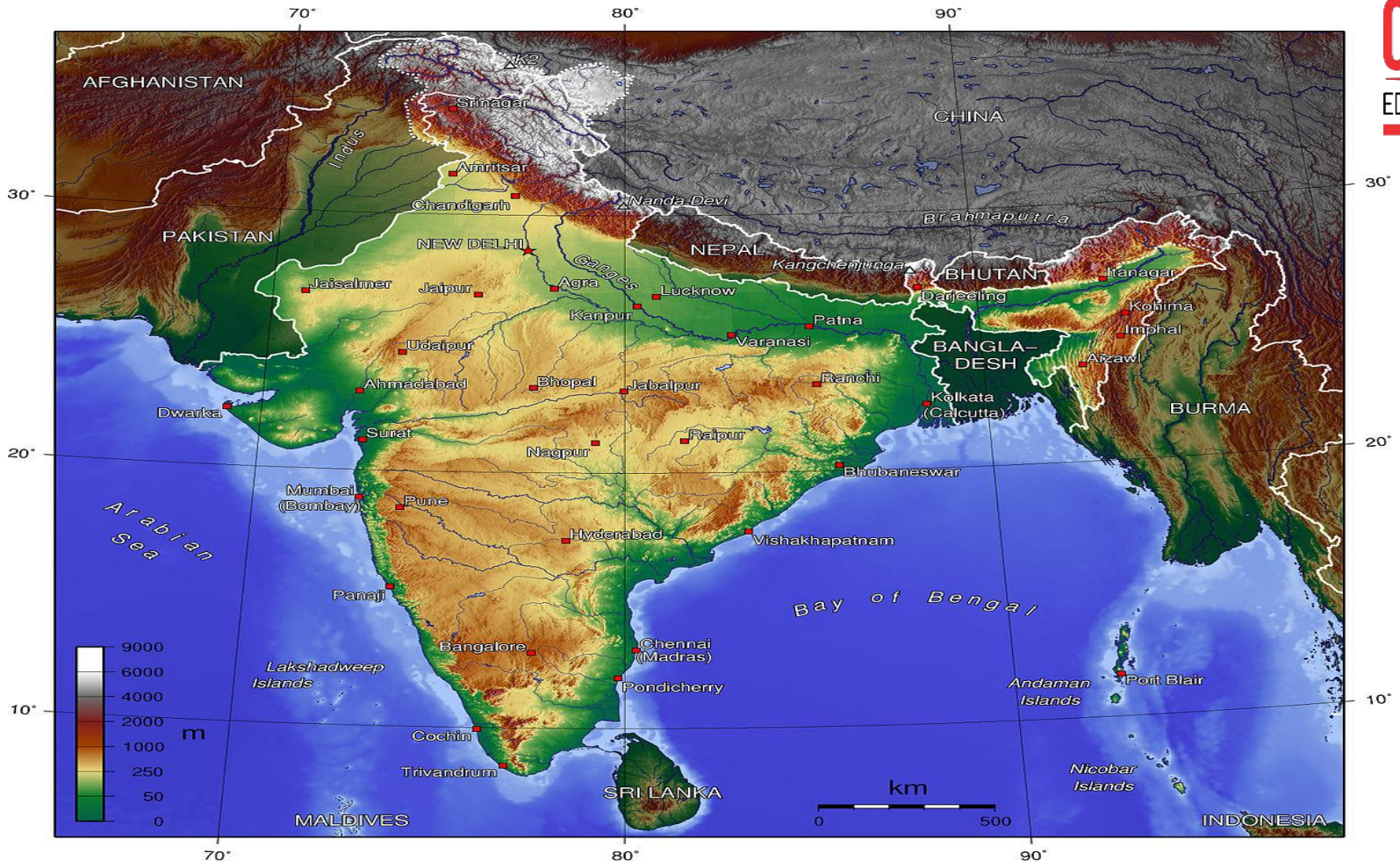
Q 2. Famous handicrafts of Kashmir are made of these:

- a. Kashmiri, Dogri, Urdu and Ladakhi
- b. Wood, brass, silver and papier mache
- c. Kaziranga National Park

Ans. c. Wood, brass, silver and papier mache

HOME WORK

Define ' A pass'. Write the names of two passes in Himalayan Ranges in the project record.



THANKING YOU
ODM EDUCATIONAL GROUP