

CLASS : 5

SUBJECT :VALUE EDUCATION

CHAPTER NUMBER: 4

CHAPTER NAME : POSITIVE ATTITUDE

SUBTOPIC : READ AND UNDERSTAND - 1 & 2

CHANGING YOUR TOMORROW

LEARNING OBJECTIVE

Learners will come to know about:

1. Need of positive attitude.
2. Building of positive attitude.
3. Benefit of positive attitude in our life.

Read and Understand

A man was washing his new car when his neighbour asked him “When did you get the car”? He replied, “my brother gave it to me”. The neighbour said, “I wish I had a car like that” the man replied, “ you should wish to have a brother like that. “The neighbour’s wife was listening to the conversation and she interrupted “I wish to have a brother like that” what a positive way to think !

How to build a positive attitude?

- **Step-1: Look for the positive**

Always start looking for what is right in a person or situation instead of looking what is wrong. We all are conditioned to find out the faults and looking for what is wrong with others instead of seeing the positive picture of others.

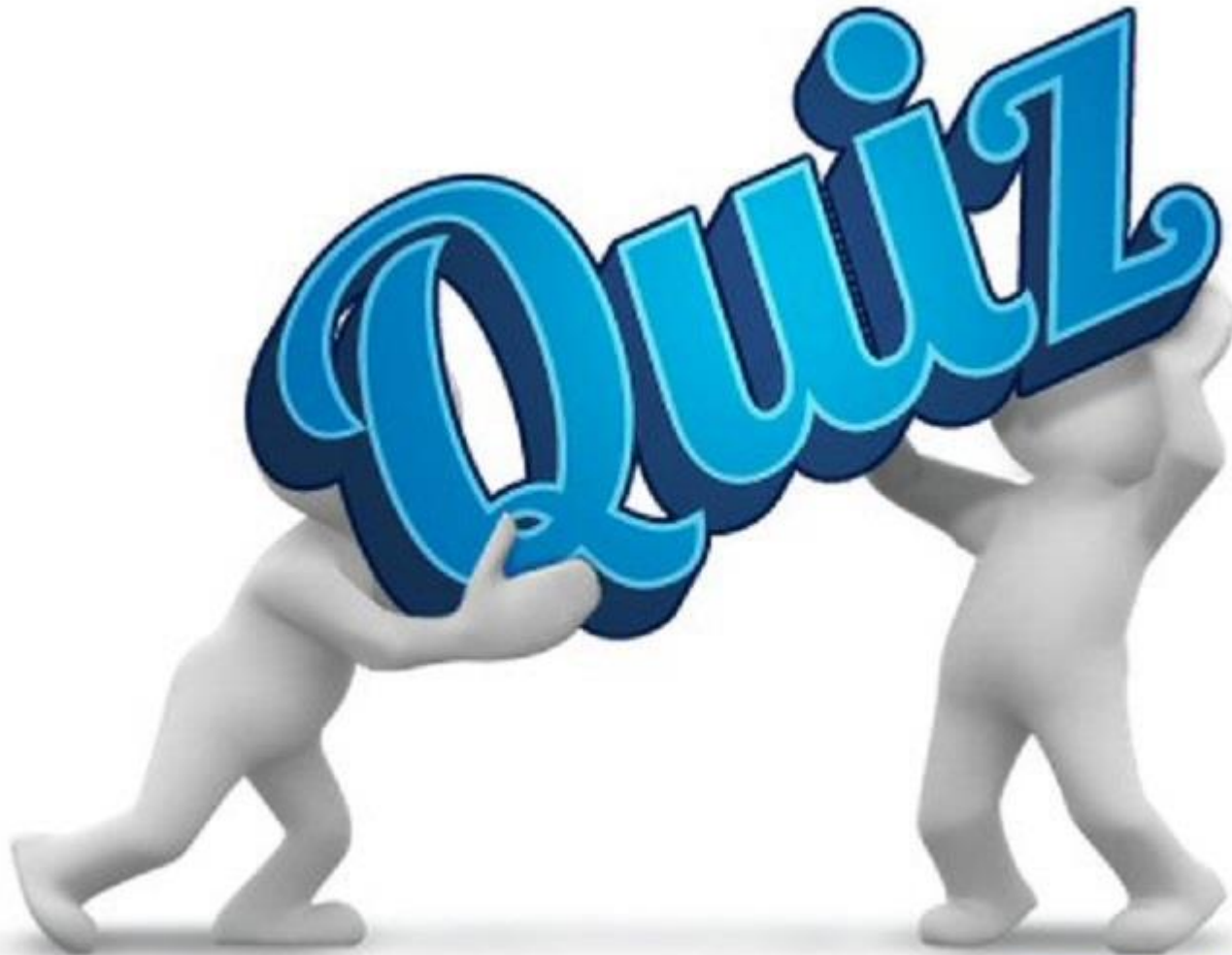
How to build a positive attitude?

- **Step-2: Make a Habit of Doing it Now**

If you want to build and maintain a positive attitude, get into the habit of living in the present and doing it now. Learn the phrase: “ Do it now “ and stop the habit of procrastination of the saddest words in life such as:

- ✓ “It might have been”
- ✓ “I should have”
- ✓ “I could have”
- ✓ “I wish I had”
- ✓ “If only I had given a little extra”

“Never leave till tomorrow, which you can do today”.



<https://quizizz.com/join?gc=0755779&from=challengeFriends>

Homework

Think and write activity -3

[Make a list of things you would like to change about yourself].

LEARNING OUTCOME

By the end of the class, learners will be able to know about:

- 1. Need of positive attitude.**
- 2. Building of positive attitude.**
- 3. Benefit of positive attitude in our life.**

THANKING YOU
ODM EDUCATIONAL GROUP