

## Chapter- 7

# The Clothes we Wear

## STUDY NOTES

- India is a land of variety. This can be seen in its landforms, climate, food, as well as in the clothes that people wear.
- People dress differently in different regions of India. The clothes that people wear is largely influenced by the climate of the place they live in.
- The clothes that people wear also changes according to the seasons. It is cold in Kashmir and hot in Tamil Nadu throughout the year. So, the clothes that people wear in Kashmir are very different from the clothes that people wear in Tamil Nadu.
- Some clothes are common throughout our country. Saris, salwar-kameez, trousers, shirts, kurtas and pyjamas are dresses worn all over the country. However, some clothes are typical to a region. We can often tell which region of our country a person belongs to, by looking at the clothes she or he is wearing.

### What Our Men Wear

- Men wear different clothes in different states. Shirts and trousers are the most commonly worn clothes in cities and towns all over the country. Kurtas are worn in different combinations in different parts of India.
- Kurtas worn with dhotis, pyjamas, churidars or lungi are popular in most of the northern and eastern states, as well as in the states of Central India.
- A lungi is a cloth tied around the waist by men. Lungi-kurta or lungi with a shirt is commonly worn in the southern states.
- The lungi is called mundu in Kerala and veshti in Tamil Nadu.



- In Rajasthan, a pyjama or dhoti is worn as the lower garment and angrakha as upper garment.
- In Gujarat, men wear a short frilled white angrakha over white pyjamas or dhoti and jacket.



- In several states, men wear turbans or caps to cover their heads. The style of tying the turban differ from state to state.



Rajasthani pagri



### What women wear

- Women in India wear a variety of colourful clothes. Sari is the most common piece of clothing but it is worn in different ways in different states.
- In fact, from the way the sari is draped or tied we can tell which state the women belongs to.



Bengali style



Gujarati style



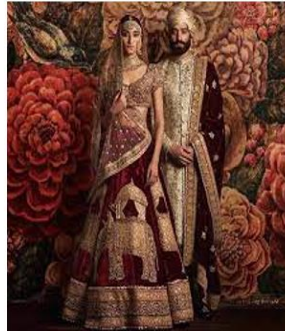
Marathi style



Mekhela style

- The weave and design of the cloth also varies from state to state.

- Salwar -kameez or churidar -kamzeez have become popular in many parts of the country.
- The people of India especially women, like wearing their traditional clothes. Western clothes such as trouser, shirts. Jeans, T-shirt, skirts and jacket have also become popular among both man and women.
- On wedding and other special occasions, many people wear traditional clothes and jewellery. each state has a special bridal wear.



## MEMORY MAP

EDUCATIONAL CROCOD



**Let's Know More****Answer in one word**

1. Most popular form of clothing for women in India-
2. In summer we wear -
3. A long kurta worn by people in Kashmir-
4. The salwar kameez is usually worn along with-
5. People live in cold places wear –

**Let's Do-****Circle the odd one out in each row.**

1. turban, dhoti, lungi, pyjama
2. sari, lungi, dhoti, trouser
3. salwar, angrakha, mundu, veshti
4. Mekhla, lehenga, ghagra, kanchli
5. Pyjma, kameez, churidar, trouser

**Match the following**

- |                      |            |
|----------------------|------------|
| 1. Salwar – phiran   | a. Haryana |
| 2. 2. Lehenga –choli | b. Kerala  |
| 3. 3. Mundu- blouse  | c. Assam   |
| 4. 4. Mekhla-chadar  | d. Kashmir |

**Answer the following questions.**

1. Who do people in different parts of our country wear different types of clothes?
2. Which is the most common piece of clothing for women in India?
3. What is the traditional dress worn by the men of Rajasthan and Gujarat?
4. In what ways do the saris worn by women in different states of India differ?
5. What are the clothes commonly worn by men and women in cities these days?

**Multiple choice questions**

1. The clothes that people wear is influenced by the \_\_\_\_\_ of the place.  
a) climate    b)food    c)wind

2. Men's \_\_\_\_\_ in Tamil Nadu is called veshti
  - a. Lungi
  - b. pyjama
  - c. churidar
3. The \_\_\_\_\_ is the most common piece of clothing for women in India.
  - a. Ghagra
  - b. churidar
  - c. sari
4. In several states of India, men cover their heads with a \_\_\_\_\_.
  - a. hat
  - b. hanky
  - c. turban
5. A phiran is a long \_\_\_\_\_.
  - a. kurta
  - b. blouse
  - c. skirt

### Teacher's Note

Collect pictures of traditional costumes from different state and paste them in scrap book.

### Improve Your GK

- People in Kashmir wear salwar kameez and phirans.
- In south India men wear lungi which is also called veshti.
- In Rajasthan men wear pagri to protect their head from heat.
- Saree is the most popular form of clothing for women in India.
- In Sikkim people wear Baku.

### Answers

1. Turban
2. Sari
3. Angrakha
4. Mekhla
5. Kameez

### Match the following

1. 1-d
2. 2-a
3. 3-b
4. 4-c

### Answer the following questions

1. The clothes that people wear is largely influenced by the climate of the place.  
The clothes that people wear also changes according to the seasons.

2. Sari is the most common piece of clothing worn by Indian women.
3. Men in Rajasthan and Gujarat wear angrak and dhoti.
4. Saris is the most common piece of clothing but it is tied in different styles in different states.
5. Western clothes such as trousers, shirt, jeans, t-shirts and jackets have also become popular among both men and women.

**Multiple choice questions**

1. Climate
2. Lungi
3. Sari
4. Turban
5. Kurta

