

PRAYER
TIME



SESSION : 6

CLASS : 2

SUBJECT : EVS

CHAPTER NUMBER: 3

CHAPTER NAME : MY BODY NEEDS FOOD

SUB TOPIC : CLASS TEST

CHANGING YOUR TOMORROW

A cartoon illustration of a young girl with black hair wearing a pink dress and a young boy with brown hair wearing a blue shirt and dark shorts. They are both smiling and holding a large, thick yellow ring. In the center of the ring is a light blue rectangular sign with a red border containing the text "MY BODY NEEDS FOOD".

MY BODY NEEDS FOOD

LEARNING OBJECTIVES:-

- ❖ Be able to know about a concrete idea of this chapter.



Importance of Food

Energy



Work and Play



Sources of Food

Foods from Plants

Watermelon



Passionfruit Pepper



Banana



Peach



Pear



Mango



Apple



Grapes



Plum



Foods from Animals



meat



chicken



fish



cheese

Kinds of Food

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graph TD; A[Kinds of Food] --> B[Energy giving food]; A --> C[Body building food]; A --> D[Protective food];
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Energy giving food

Body building food

Protective food

Balanced Diet

A diet which contains energy giving food, body building food and protective food are called balanced diet.



Types of people according to food habit

Vegetarian

Non-Vegetarian



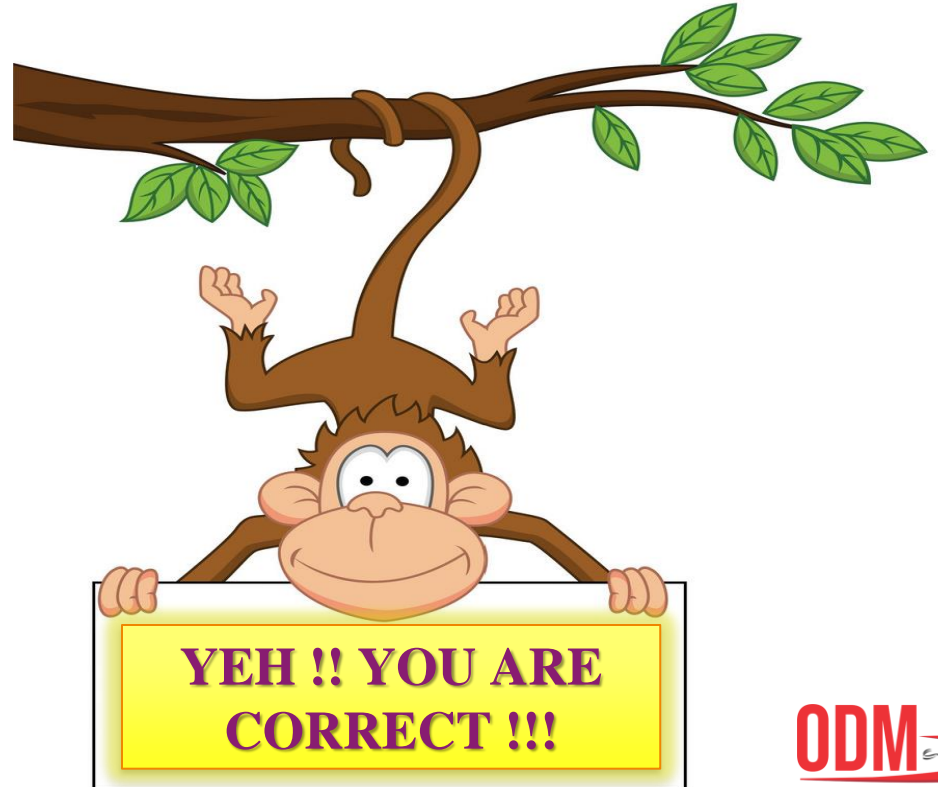


SPELL
WELL

CHOOSE THE CORRECT SPELLING :-

(a) Plonts

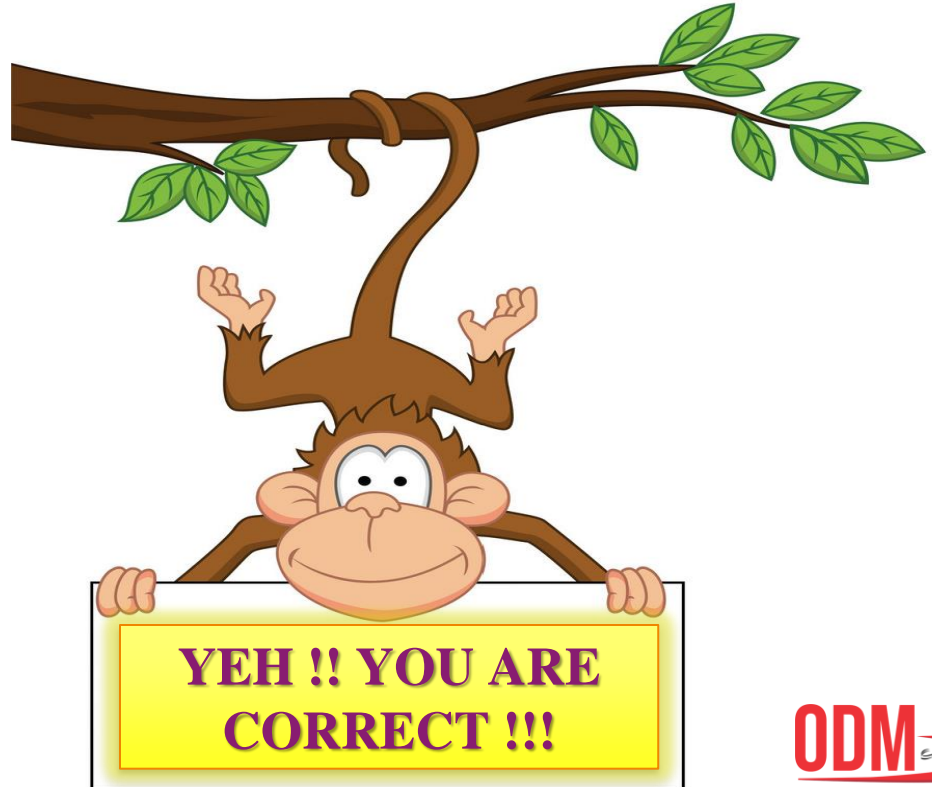
(b) Plants



CHOOSE THE CORRECT SPELLING :-

(a) Enirgy

(b) Energy



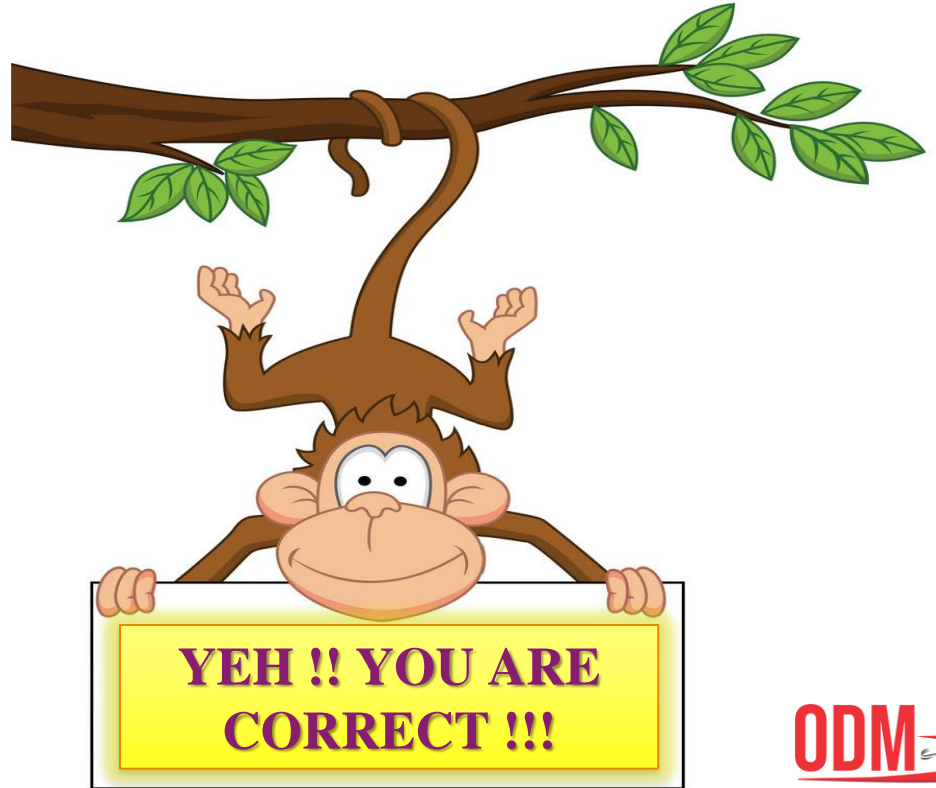
CHOOSE THE CORRECT SPELLING :-

(a)

Balanced

(b)

Balaced



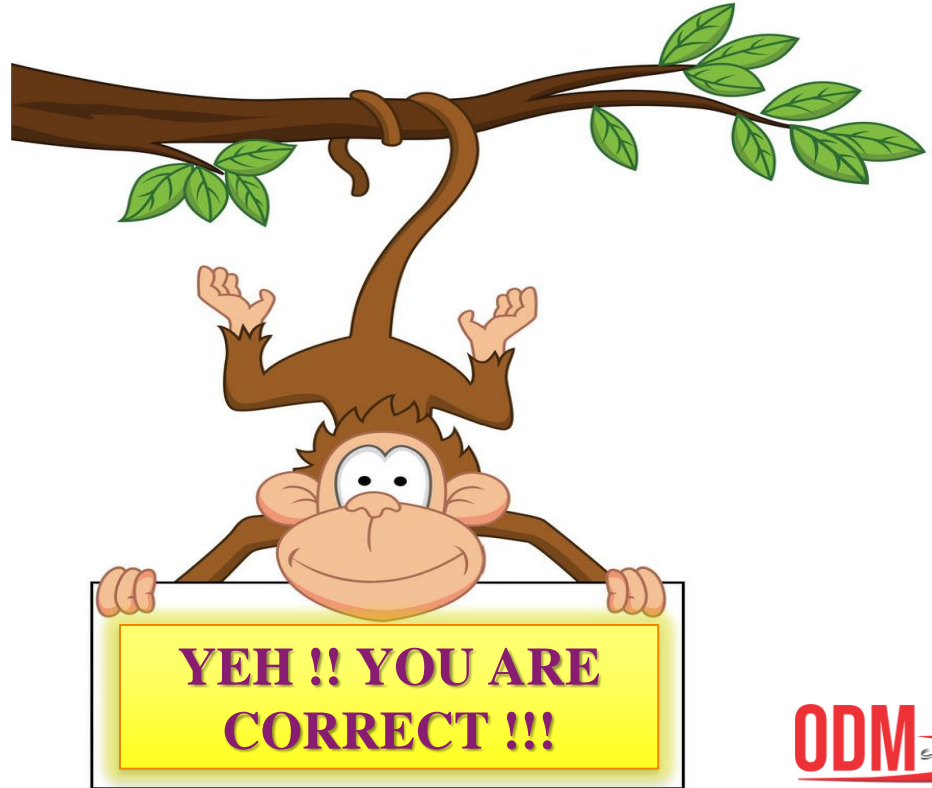
CHOOSE THE CORRECT SPELLING :-

(a)

Vegetarian

(b)

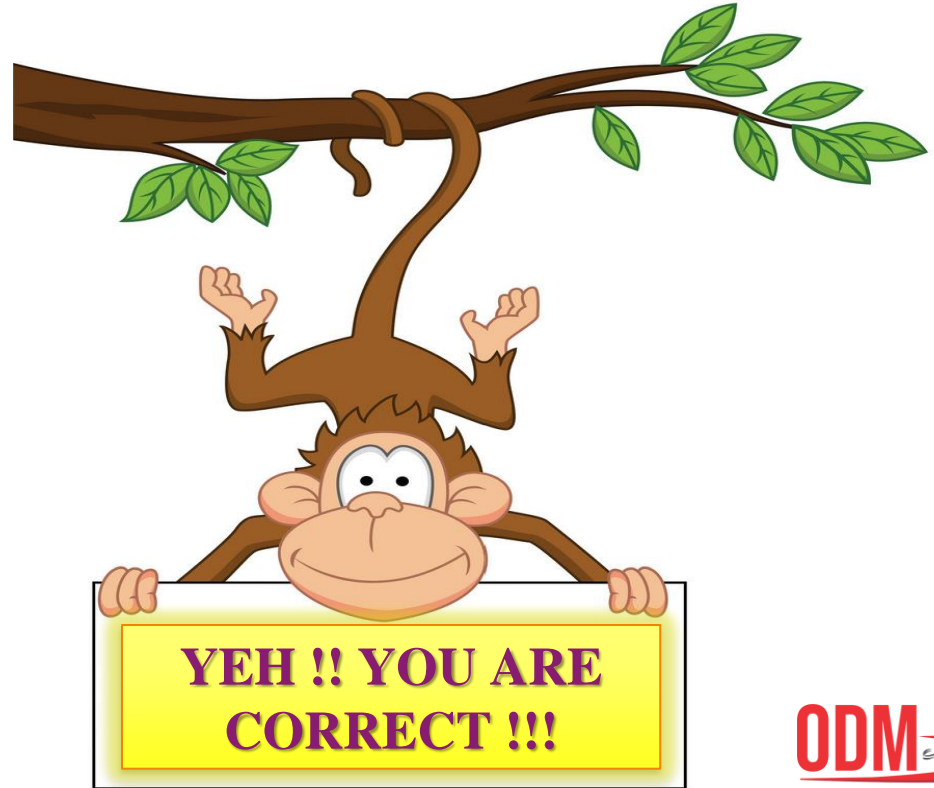
Vegitarian



CHOOSE THE CORRECT SPELLING :-

(a) Botter

(b) Butter



CLASS TEST

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DT.

1. Fill in the blanks :-

- (a) Food gives us _____.
- (b) We get milk from _____ .
- (c) _____ food gives us energy.
- (d) To stay healthy and strong we should eat
_____ meals.



Match the followings :-

A

MILK

FOOD

MANGO

MEAT

B

ENERGY

CURD

ANIMAL GIVINGFOOD

NATIONAL FRUIT



3. Answer the following questions :-

(a) What are called energy giving food ?

Ans →

(b) What are the 3 meals in a day ?

Ans →





LET'S CHECK
THE ANSWER

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Dt.

1. Fill in the blanks :-

(a) Food gives us **energy**.

(b) We get milk from **COW**.

(c) **Energy giving** food gives us energy.

(d) To stay healthy and strong we should eat **balanced** meals.



Match the followings :-

A

MILK

FOOD

MANGO

MEAT

B

ENERGY

CURD

ANIMAL GIVING FOOD

NATIONAL FRUIT



3. Answer the following questions :-

(a) What are called energy giving food ?

Ans → The food which gives us energy are called energy giving food.

(b) What are the 3 meals in a day ?

Ans → The 3 meals in a day are Breakfast, Lunch and Dinner.



LEARNING OUTCOME:-

Students will get a clear concept about the chapter.



THANKING YOU
ODM EDUCATIONAL GROUP