

## Chapter- 4

# My Body Needs Care

**WORKSHEET**

**Q1. Fill in the blanks with the correct words from the bracket.**

(Wash, brush, bath, eat, comb)

1. You should \_\_\_\_\_ your hands before eating food.
2. You should \_\_\_\_\_ your teeth twice in a day.
3. You should take a \_\_\_\_\_ everyday to keep your body clean.
4. We should \_\_\_\_\_ fresh food.
5. You should \_\_\_\_\_ your hair.

**Q2. Identify the pictures and write their names.**



**Q3. Answer the following questions in one word.**

1. How many times should you brush your teeth in a day?

Ans.

2. What should you do before taking food?

Ans.

3. What kind of clothes should you wear?

Ans.

4. What kind of food should you eat?

Ans.

5. What should you do every day to keep your body clean?

Ans.

**Q4. Write "T" for true and "F" for false.**

1. I must comb my hair. ( )

2. I must not take a bath every day. ( )

3. I must eat fresh food. ( )

4. I must wash my hands before eating. ( )

5. I should not play every day. ( )