[RULES FOR SAFETY] SUBJECT - EVS | CLASS - I

Chapter- 12 Rules for Safety

STUDY NOTES

<u>Let's Learn</u>

- There are rules that we must follow for our safety.
- We must follow these rules at home and outside.
- If we do not follow these rules, we can hurt ourselves and others.

Safety at home:

- Do not play with **fire**.
- You should light a candle with the help of a grown-up.
- We must not play with sharp things like knives and scissors.
- We must not put our fingers into an open socket.



Safety on road:

- We must cross a road at the zebra crossing.
- We must look to the **right** and **left** and then **right** again before we cross the road.
- We must not **run** or **play** on the road.
- We must walk on the **footpath**.
- We must obey the traffic rules on the road.
- We must not get into or get down from a moving bus.
- We must not put our hand out of a moving bus, car or train.

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Let's Know More:

I. Answer the following.

- a. What are safety rules?
- b. What does a red light say?
- c. What does a green light say?
- d. What is First aid?
- e. What is zebra crossing?

<u>Let's Do:</u>

- II. Mark the sentences as true or false.
 - a. We must run across the road.
 - b. We must lean out of a moving bus.
 - c. We should sharpen our pencils with a blade or a knife.
 - d. We must not play with fire.
 - e. We must cross the road at a zebra crossing.

III. Tick (v) the correct word.

- a. We must (always/sometimes) follow rules for our safety.
- b. We should light a match (with/without) the help of a grown-up.
- c. We can play with a (toy/pair of scissors).
- d. We must cross the road at a (traffic signal/zebra crossing).
- e. We should wait for a bus to (stop/start) before we get into it.

IV. Fill in the blanks with words from the help box.

Moving, play, grown-up, footpath, knife

- We must walk on the ______
- b. A_____ is a sharp thing.
- c. When you want to light a candle take the help of a ______.
- d. We must not get into a _____ bus.
- e. We must not ______ on the road.

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Teacher's Note:

• Make a traffic light in your scrapbook and colour it.

Improve Your G.K.:

- Road safety is one of the most important aspects for all. Without knowledge of proper rules and norms, you should not step out of the road.
- Wearing a helmet is one important rule, everyone should follow.

Answer Key:

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- a. Rules that we all must learn and follow to be safe.
- b. Red light says to stop.
- c. Green light says to go.
- d. The first medical help given to anyone in case of an accident is called First Aid.

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Changing your Tomorrow 📕

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e. The white and black stripes on the road are called zebra crossing.

II.

- a. False
- b. False
- c. False
- d. True

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III.

a. Always

True

- b. With
- с. Тоу
- d. Zebra crossing
- e. Stop

IV.

- a. Footpath
- b. Knife
- c. Grown-up
- d. Moving
- e. Play

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