

**SESSION: 4**  
**CLASS: I**  
**SUBJECT: EVS**  
**CHAPTER NUMBER:3**  
**CHAPTER NAME: MY BODY HELPS ME**  
**SUB TOPIC: EXTRA QUESTIONS-**  
**ANSWER IN ONE WORD, WRITE THE**  
**MISSING LETTERS.**

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**CHANGING YOUR TOMORROW**

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# LEARNING OBJECTIVE :

- To enable the learner to answer the questions related to the chapter.





# How my body helps me

These  
are my  
hands





## HANDS

- I have two hands.
- Left hand and Right hand.
- I can do so many works with my hands.

I can **hold** things  
with my hands.

I can **eat** with  
my hands.





I can **write**  
with my  
hand.



I can **lift** the  
things with  
my hand



I can **wipe**  
with my  
hands





I can **draw**  
and **paint**  
with my  
hands.





## My legs

- I have two legs.
- Legs help me to move from one place to another place.



I can **jump**  
with my  
legs

I can **kick** the  
ball with our  
leg.





I can  
**dance**  
with my  
legs.

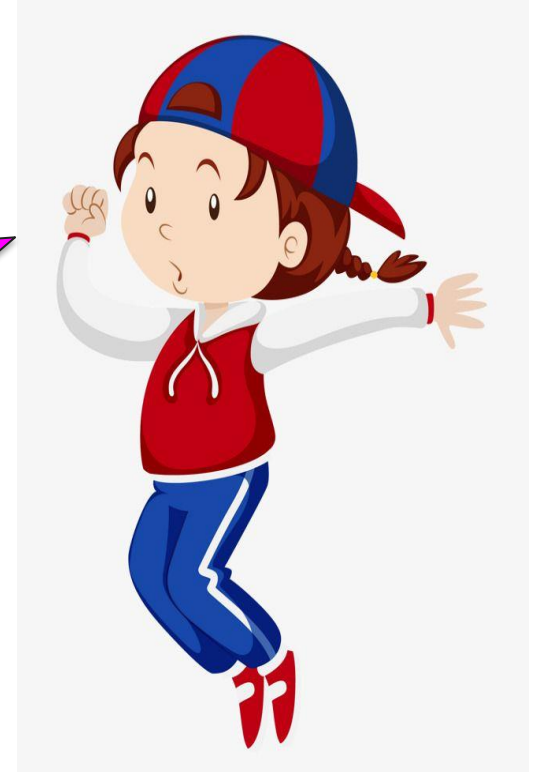
I can **stand** with  
my leg.





I can run  
with my  
legs.

I can  
hop with  
my legs.



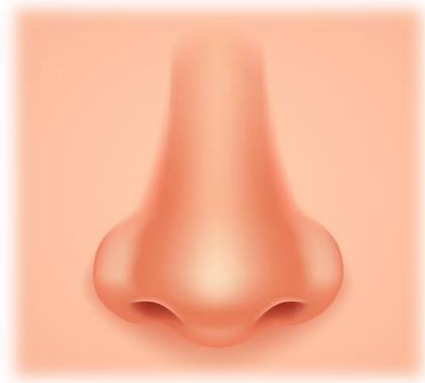


# Eyes

I can see  
colourful  
rainbow with  
my eyes



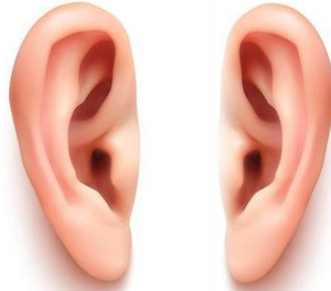




**Nose**

I can smell  
with my  
nose





**Ears**

**I can hear with  
my ears**







**Tongue**

**I can taste Ice-cream and  
pizza with my tongue**





**Skin**

**We feel  
with our  
skin**



# Identify the pictures (Oral)



**Eyes**



**nose**



**legs**



**hand**



**ears**

## Answer in one word

Q1. My eyes help me to see

Q2. My legs help me to stand

Q3. My hand helps me to write

Q4. My skin helps me to feel

Q5. My nose helps me to smell



Write the missing letters.

1. J U M P

2. S M E L L

3. H A N D

4. F E E L

5. H E A R



## LEARNING OUTCOME:

- The learner will be able to answer the questions related to the chapter.

**THANKING YOU**  
**ODM EDUCATIONAL GROUP**