

**SESSION: 1** 

CLASS: I

**SUBJECT: EVS** 

**CHAPTER NUMBER:4** 

**CHAPTER NAME: MY BODY NEEDS CARE** 

**SUBTOPIC: ACTIVITY- STORY TIME, HOW DO** 

WE KEEP OUR BODY CLEAN.

**CHANGING YOUR TOMORROW** 

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## **LEARNING OBJECTIVE:**



> To enable the learner to know in which way they can keep their bodies neat and clean.



# **ACTIVITY**





#### Raju learnt a lesson

There was a boy, whose name was Raju. He is not serious about cleanliness. He always plays outside and without wishing his hands he eats whatever he wants. One day there was a study tour to the zoo at his school. He was very excited about this. All the students get down from the school bus near the zoo. Everyone get into the zoo but Raju did not get permission to go inside the zoo as his hands were dirty and his school uniform as well. He cried a lot but nobody helped him. So, from that day, he promised himself to keep him always clean and tidy.



- Nature has given us a precious gift, in the form of our body.
- We should take care of our body to stay healthy and fit .







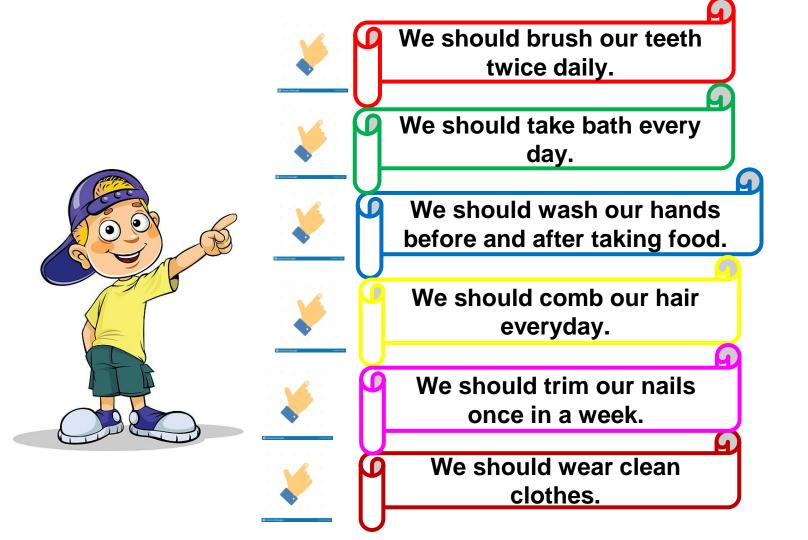


















a. I must take a <u>bath</u> every day.

I must take a bath every day.

brush



b. I must <u>brush</u> my teeth every day.

I must brush my teeth every day.





c. I must <u>wear</u> clean clothes.

I must wear clean clothes.

comb

d. I must <u>comb</u> my hair every day.

I must comb my hair every day.

#### **SUMMARY**



- We must take a bath every day.
- We must brush our teeth every day.
- We must wear clean clothes.
- We must comb my hair every day.

### **LEARNING OUTCOME:**



> The learner will be able to know how they can keep their bodies clean.



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