

SESSION: 4
CLASS: I
SUBJECT: EVS
CHAPTER NUMBER:4
CHAPTER NAME: MY BODY NEEDS CARE
SUBTOPIC: EXTRA QUESTIONS- ANSWER
THE FOLLOWING QUESTIONS, WRITE TRUE
OR FALSE.

CHANGING YOUR TOMORROW

LEARNING OBJECTIVE :

- To enable the learner to answer the questions from the chapter taught.



**MY BODY NEEDS
CARE**

Answer the questions. (Oral)

1. What should you do before taking your food?
2. What do you use to clean your teeth?
3. What do you use to trim your nails?
4. What should you do to keep your hair clean?





We should brush our teeth twice daily.

We should take bath every day.

We should wash our hands before and after taking food.

We should comb our hair everyday.

We should trim our nails once in a week.

We should wear clean clothes.

Answer the following.

Q1. Write any two good habits that we should follow.

Ans. 1. Brush your teeth. 2. Wash your hands.

Q2. Write the name of any two things that you use to keep your body clean.

Ans. 1. Soap. 2. toothbrush.

Q3. How many times should we brush our teeth in a day?

Ans. We should brush our teeth two times a day.



Write “T” for true and “F” for false

1. I should not wash my hands before eating food.

F

2. I use nail cutter to cut my hair.

F

3. We should play every day.

T

4. We should drink enough water.

T



ACTIVITY

Guess who am I?

I help you to comb your hair



I help you to trim your nails



I help you to clean your body



I help you to clean your hair



I help you to dry your body



I help you to clean your teeth



I help you to clean your nose



Home assignment:

- Draw or paste the pictures of any 5 things that you use to keep your body clean in your scrapbook.

LEARNING OUTCOME:

- The learner will be able to answer the questions from the chapter.

THANKING YOU
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