

SESSION : 1
CLASS : I
SUBJECT : EVS
CHAPTER NUMBER:3
CHAPTER NAME : MY BODY HELPS ME
SUBTOPIC : ACTIVITY- RHYMES, HOW
OUR BODY PARTS HELP US.

CHANGING YOUR TOMORROW

LEARNING OBJECTIVE :

Students will be able to know the function of their body part.



ACTIVITY RHYMES



**Hop a little, jump a little,
One, two, three.
Skip a little , run a little,
Tap one knee.
Bend a little, stretch a little,
Nod your head.
Yawn a little, sleep a little,
In your bed.**



How my body helps me

These
are my
hands





HANDS

- We have two hands.
- Left hand and Right hand.
- We can do so many works with our hands.



We can **hold**
the things
with our
hands.

We can **eat**
with our
hand.





We can
write with
our hand.

We can **lift**
the things
with our
hand



We can
wipe with
our
hands



We can
draw and
paint with
our hands.



My legs



- We have two legs.
- Legs help us to move from one place to another place.





We can **jump** with our legs

We can **kick** the ball with our leg.





We can
dance
with our
legs.



We can **stand**
with our leg.



We can
run with
our legs.

We can
hop with
our legs.



I use
my
hands
to

draw

wipe

write

eat

hold

lift

I use
my legs
to

run

hop

jump

walk

stand

kick

LEARNING OUTCOME:

Students are able to know the function of different body parts.

THANKING YOU
ODM EDUCATIONAL GROUP