

**SESSION : 2**

**CLASS : I**

**SUBJECT : EVS**

**CHAPTER NUMBER:3**

**CHAPTER NAME : MY BODY HELPS ME**

**SUBTOPIC : HOW MY BODY HELPS US,  
NEW WORDS.**

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**CHANGING YOUR TOMORROW**

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## LEARNING OBJECTIVE :

Students will be able to know about their sense organs and how they help us and the new words with spelling.



# ACTIVITY RHYMES



**Hop a little, jump a little,  
One, two, three.  
Skip a little , run a little,  
Tap one knee.  
Bend a little, stretch a little,  
Nod your head.  
Yawn a little, sleep a little,  
In your bed.**



# How my body helps me

These  
are my  
hands





## HANDS

- We have two hands.
- Left hand and Right hand.
- We can do so many works with our hands.



We can **hold**  
the things  
with our  
hands.

We can **eat**  
with our  
hand.





We can  
**write** with  
our hand.

We can **lift**  
the things  
with our  
hand



We can  
**wipe** with  
our  
hands







We can  
**draw** and  
**paint** with  
our hands.



## My legs



- We have two legs.
- Legs help us to move from one place to another place.





We can **jump** with our legs

We can **kick** the ball with our leg.





We can  
**dance**  
with our  
legs.



We can **stand**  
with our leg.



We can  
**run** with  
our legs.

We can  
**hop** with  
our legs.



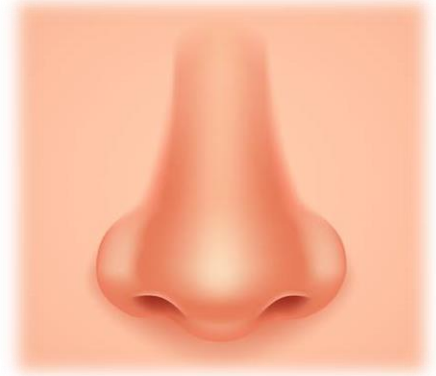
# Identify the pictures



Eyes



Tongue



nose



skin



ear





**Eyes**

I can see  
colourful  
rainbow with  
my eyes



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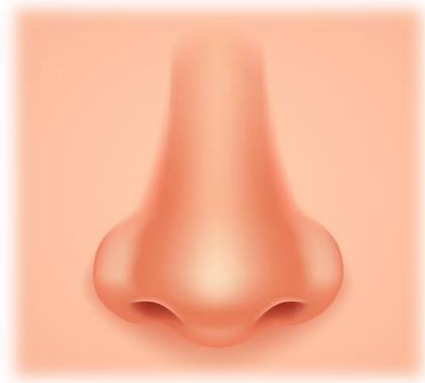


I can see the beautiful flowers and butterflies



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**Nose**

I can  
smell  
with my  
nose





I can smell  
the  
perfume



I can smell the  
garbage....it's  
really bad



Ears

I can hear with my ears





**Tongue**

**I can taste Ice-cream and  
pizza with my tongue**





**Skin**

**We feel  
with our  
skin**



# New Words

feel

skin

walk

write

stand

smell

taste

tongue

hold

jump





Homework

Practice the new  
words 3 times in your  
notebook

## LEARNING OUTCOME:

Students are able to know the function of some more body parts and the spelling of the new words from the chapter.



**THANKING YOU**  
**ODM EDUCATIONAL GROUP**