

**SESSION : 1**

**CLASS : I**

**SUBJECT : EVS**

**CHAPTER NUMBER:4**

**CHAPTER NAME : MY BODY NEEDS CARE**

**SUBTOPIC : ACTIVITY- STORY TIME, HOW DO  
WE KEEP OUR BODY CLEAN.**

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**CHANGING YOUR TOMORROW**

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## LEARNING OBJECTIVE :

Students will be able to know in which way they can keep their body neat and clean.



# MY BODY NEEDS CARE

# ACTIVITY



# STORYTIME

- ❖ Nature has given us a precious gift, in the form of our body.
- ❖ We should take care of our body to stay healthy and fit .
- ❖ To take care of our body and keep our body clean, we should follow some good habits.





**We should brush our teeth  
twice daily.**



**We should take bath every  
day.**



**We should wash our hands  
before and after taking food.**



**We should comb our hair  
everyday.**



**We should trim our nails  
once in a week.**



**We should wear clean  
clothes.**



bath

a. I must take a bath every day.

I must take a bath every day.

brush



b. I must brush my teeth every day.

I must brush my teeth every day.





wear

c. I must wear clean clothes.

I must wear clean clothes.

comb

d. I must comb my hair every day.

I must comb my hair every day.



## LEARNING OUTCOME:

The students are able to know that how they can keep their body clean.

**THANKING YOU**  
**ODM EDUCATIONAL GROUP**