

SESSION :12 CLASS : I SUBJECT : EVS CHAPTER NUMBER: 5 CHAPTER NAME : THE FOOD WE EAT SUBTOPIC : CLASS TEST,ACTIVITY- LET'S MAKE SANDWICH.

CHANGING YOUR TOMORROW

Website: www.odmegroup.org Email: info@odmps.org

Toll Free: 1800 120 2316

Sishu Vihar, Infocity Road, Patia, Bhubaneswar- 751024

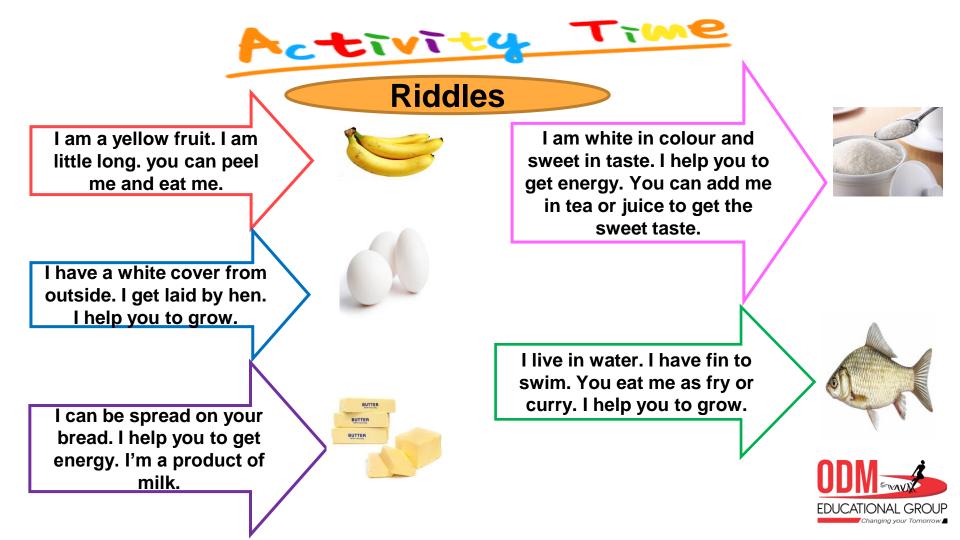
LEARNING OBJECTIVE :

> To evaluate the knowledge of the students and to give knowledge of making sandwich.









BREAKFAST



The meal we eat in the morning time is called our BREAKFAST

LUNCH

The meal we eat in the afternoon is called our LUNCH

DINNER

The meal we eat in the evening/at night is called our DINNER



Different types of food

Foods like rice, chappatis, bread, butter and sugar give us energy to work and play

Foods like milk, egg, fish, meat and pulses help us to grow big and strong.

Foods like fruits and vegetables help our body to fight diseases and stay healthy.

We should eat all kinds of food to stay healthy.



Q1.Tick the correct word.

1.Carrot is a (fruit/vegetable).

2.I eat breakfast in the (morning/afternoon).

3.We must drink (clean/dirty) water.

4.We eat (6/3) meals in a day.

5.Bread and butter gives you (grow/energy).





Q2. Answer in one word .

1.We eat lunch in -

2.Fish, pulses, egg helps our body to -

3.We must drink plenty of -

4.Rice, sugar, butter gives us -

5.Breakfast you eat in the -





Q1.Tick the correct word. 1.Carrot is a (fruit/vegetable). 2.I eat breakfast in the (morning/afternoon). 3.We must drink (clean/dirty) water. 4.We eat (6/3) meals in a day. 5.Bread and butter gives you (grow/energy).





Q2. Answer in one word .

1.We eat lunch in - Afternoon

2.Fish, pulses, egg helps our body to - grow

3.We must drink plenty of - water

4.Rice, sugar, butter gives us - energy

5.Breakfast you eat in the - Morning











LEARNING OUTCOME:

> Students are able to give answer of the chapter taught and also learn making of sandwich.



THANKING YOU ODM EDUCATIONAL GROUP

