

# WELCOME TO ONLINE CLASS

**SESSION : 3**

**CLASS : III**

**SUBJECT- SOCIAL SCIENCE**

**CHAPTER NUMBER: 06**

**CHAPTER NAME :THE FOOD WE EAT**

**SUBTOPIC :FRUITS AND VEGETABLES**

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**CHANGING YOUR TOMORROW**

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# LEARNING OBJECTIVE :

**TO ENABLE THE CHILDREN TO KNOW ABOUT  
VEGETABLES**

# VEGETABLES WE EAT

- Potato, tomato, brinjal and cabbage are the major vegetables grown in India.
- Other vegetables grown are onion, chilly, lady's finger, pea, beans and pumpkin.
- Maharashtra is a major producer of onion.





# Vegetables and fruits available in summer



**Bottle Gourd**



**Lady's finger**



**Pointed Gourd**



**Mango**



**Litchee**



**Water melon**



# Vegetables and fruits available in Winter

Peas



Cabbage



cauliflower



Beans

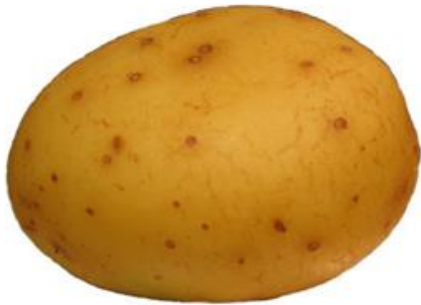


Capsicum



Grapes

# Fruits and vegetables available throughout the year



**Potato**



**Tomato**



**Onion**



**Plantain**



**Papaya**



**Banana**

# Write three examples each

1. grains- rice, wheat, bajra
2. Pulses- rajma, moong dal, chana dal
3. Summer fruits- mango, litchee, jackfruit
4. Winter fruits- apple, orange, grapes
5. vegetables – potato, brinjal, carrot
6. Rajasthan people make their roti- jowar, bajra, wheat

# Home Assignment

- Draw your favourite fruits and vegetables in your project record.



# LEARNING OUTCOME :

**Students will be know about the fruits of India**

**THANKING YOU**  
**ODM EDUCATIONAL GROUP**