

WELCOME TO ONLINE CLASS

SESSION : 3

CLASS : III

SUBJECT- SOCIAL SCIENCE

CHAPTER NUMBER: 06

CHAPTER NAME :THE FOOD WE EAT

SUBTOPIC :FRUITS AND VEGETABLES

CHANGING YOUR TOMORROW

LEARNING OBJECTIVE :

To enable the learner to:

- Know about the common fruits and vegetables of our country.
- Seasonal fruits and vegetables

VEGETABLES WE EAT

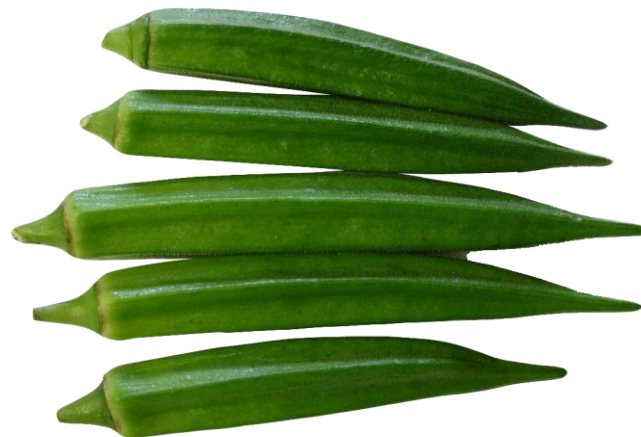
- Potato, tomato, brinjal and cabbage are the major vegetables grown in India.
- Other vegetables grown are onion, chilly, lady's finger, pea, beans and pumpkin.
- Maharashtra is a major producer of onion.



Vegetables and fruits available in summer



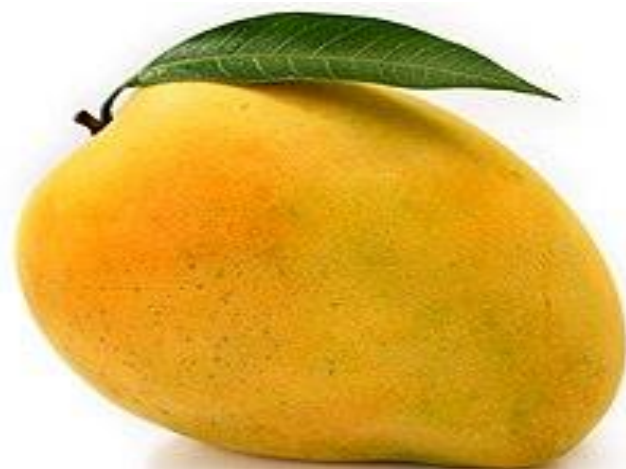
Bottle Gourd



Lady's finger



Pointed Gourd



Mango



Litchee



Water melon

Vegetables and fruits available in Winter

Peas



Cabbage



cauliflower



Beans

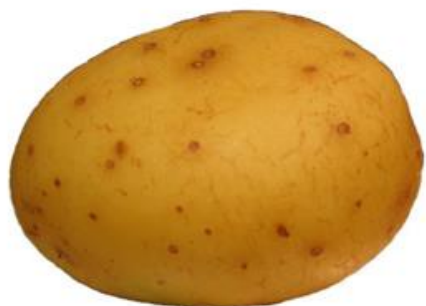


Capsicum



Grapes

Fruits and vegetables available throughout the year



Potato



Tomato



Onion



Plantain



Papaya



Banana

Write three examples each

1. grains- rice, wheat, bajra
2. Pulses- rajma, moong dal, chana dal
3. Summer fruits- mango, litchee, jackfruit
4. Winter fruits- apple, orange, grapes
5. vegetables – potato, brinjal, carrot
6. Rajasthan people make their roti- jowar, bajra, wheat

Home Assignment

- Draw your favourite fruits and vegetables in your project record.

LEARNING OUTCOME :

Learner will be able to know :

- Know about the common fruits and vegetables of our country.
- Seasonal fruits and vegetables

THANKING YOU
ODM EDUCATIONAL GROUP