



WELCOME TO THE ONLINE CLASS

DATE: 25.4.2021

SESSION NO: 8

CLASS: 4

SUBJECT: SCIENCE

CHAPTER NUMBER: 1

CHAPTER NAME: FOOD AND DIGESTION

SUB TOPIC: SHORT AND LONG Q/A- ANSWER THE

FOLLOWING QUESTIONS

CHANGING YOUR TOMORROW

Website: www.odmegroup.org

Email: info@odmps.org

Toll Free: **1800 120 2316**

Sishu Vihar, Infocity Road, Patia, Bhubaneswar-751024

LEARNING OBJECTIVE To enable the learner to:

write the short answers in their notebook.

SHORT ANSWERS

A. Tick the correct answer.

- 1. body-building foods
- 2. fruits and vegetables
- 3. minerals
- 4. stomach
- 5. after cutting them



COMPLETE THIS TABLE OF NUTRIENTS.

NAME OF NUTRIENT	SOURCES	FUNCTION/FUNCTIONS
Carbohydrates	rice, wheat,potato,banana, chapati	provides energy
Fats	oil, nuts, butter, ghee	Provide more energy and helps to grow and keep body warm
vitamins	fruits, vegetables, meat, fish, liver and milk	helps to fight against diseases
minerals	fruits, vegetables, liver and milk	Help in formation of bones, teeth and blood



MATCH THE COLUMNS

1.body building food

2.protective food

3.changing of food into simpler form

4.the digestive liquid in the mouth

5.the muscular bag in the digestive system

6.makes food last longer

d) proteins

f) vitamins and minerals

e) digestion

a) saliva

b) stomach

c) preservation

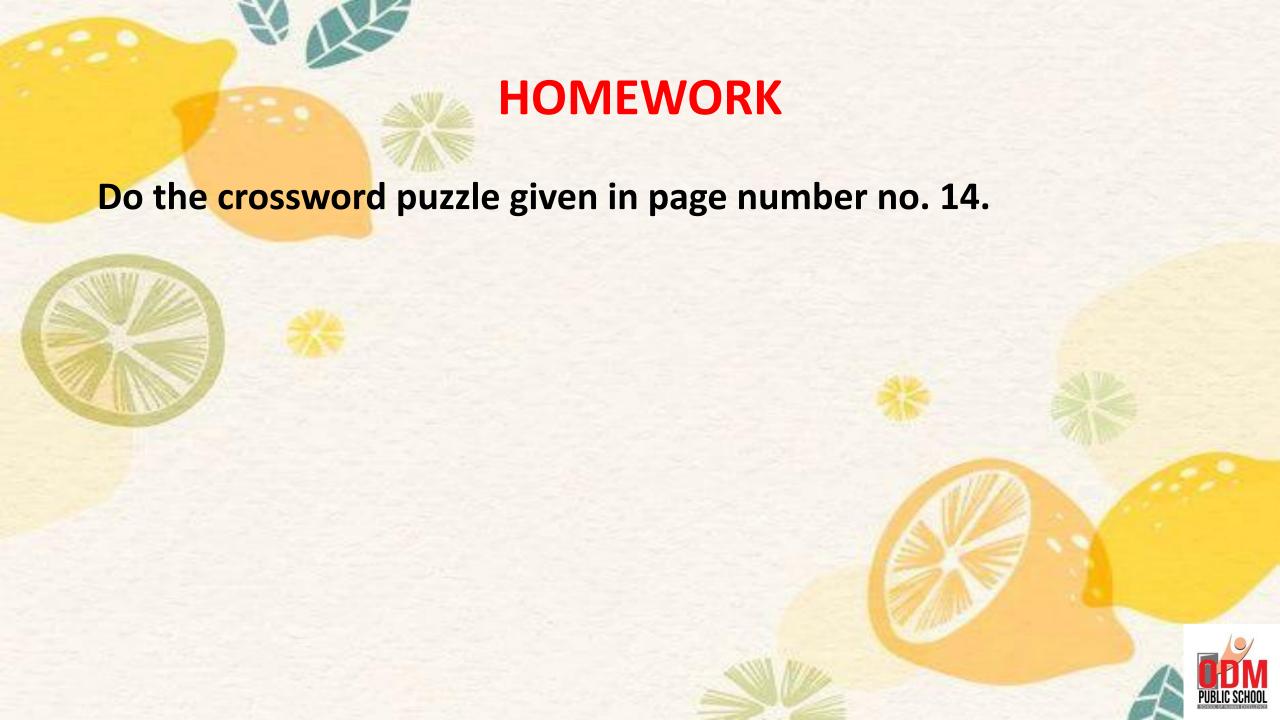
ANSWER THESE QUESTIONS

Q5. How do we preserve food?

Ans: We can preserve food in number of ways:

- refrigerating
- drying
- canning
- pickling
- jelling
- boiling





LEARNING OUTCOME

The learner will be able to:

write the short answers in their notebook.



