

WELCOME TO THE ONLINE CLASS

SESSION NO: 3 CLASS: 4 SUBJECT: SCIENCE CHAPTER NUMBER: 3 CHAPTER NAME: SAFETY FIRST SUB TOPIC: FIRST AID AND SHORT Q/A

CHANGING YOUR TOMORROW

Website: www.odmegroup.org Email: info@odmps.org Toll Free: **1800 120 2316** Sishu Vihar, Infocity Road, Patia, Bhubaneswar- 751024

LEARNING OBJECTIVE



Learner will able to

- understand how accidents can happen at different places.
- deal with first aid as an emergency kit for injured person

RECAPITULATION



1. An unfortunate incident that happens unexpectedly is known as _____.

2. Use a ______ to reach something placed high.





FIRST AID



- It is medical help given to an injured or a sick person proper medical aid arrives.
- Common emergencies that need first aid are minor cuts, fainting, insect bites, snake bites, and burns.



COMMON EMERGENCIES



- For minor cuts: If someone gets minor cuts, first wash with water. Then apply an antiseptic lotion over it. If there is bleeding from the cut, try to stop it by trying a bandage on the cut.
- If a person faints: If a person faints, make him lie down with his head at a level lower than the body. This helps the blood to reach his brain faster. Allow fresh air around the person. Loosen his clothes and sprinkle cold water on his forehead.

COMMON EMERGENCIES



• If bitten by an insect: Insects bites or stings are painful. If bitten

by an insect-like bee or a wasp, apply a paste of baking soda and cold cream to the affected part to give relief. Put some ice on the affected part.

For burns: If a burn is minor, wash the burnt area with cold running water. Put an ice pack on the burnt area. Then apply an antiseptic cream to the affected area.

SHORT Q/A



- A. TICK THE CORRECT ANSWER.
 - 1. To avoid tripping over scattered toys.
 - a) Do not leave your toys lying on the floor 🧹
 - b) Leave your toys lying on the floor
 - c) Leave your toys inside the kitchen
 - 2. One must not wear these clothes in the kitchen
 - a) cotton b) synthetic 🖌 c) woolen
 - 3. Stay away from
 - a) Table fans 🖌 b) rides c) toys
 - 4. Apply a paste of baking soda and cold cream on the affected part, if
 - a) Bitten by an insect 🖌 b) a bone is broken c) someone gets a cut
 - 5. To reach for something placed high, use a
 - a) rope b) ladder 🖌 c) stick

SHORT Q/A



- B. Match the columns to make complete sentences.
 - 1. Floors area a) apply an antiseptic cream to the affected (5)
 - 2. Electric appliances b) must be kept dry to prevent slipping on them. (1)
 - 3. Use a swimming tube c) should be handled carefully. (2)
 - 4. An antiseptic lotion d) If you are not an expert swimmer (3)
 - 5. For burns c) must be used to clean cuts. (4)

ANSWER THE FOLLOWING QUESTIONS



1. When do accidents happen in school?

Ans: In school, an accident happens when children run and push each other.

2. What precautions should you take to avoid accidental consumption of poisonous chemicals?

Ans: Precautions to avoid the accidental assumption of chemicals and medicines can:

a) chemicals should be properly labeled and kept away from eatables.

b) do not take medicines without asking an adult.

SUMMARY



- Accidents: An unfortunate incident that happens unexpectedly and unintentionally, typically resulting in damage or injury.
- Injuries at home are mostly caused by slipping on the floor, burns, electric shocks, and chemical poisoning.
- If someone gets an electric shock or sees a spark, the main switch must be turned off immediately.
- Do not rush up or down the stairs. You may fall and hurt yourself and others.
- Do not climb on desks and chairs or throw things around.









1.It is medical help given to an injured or a sick person proper medical aid

arrives.

Ans: First Aid



2. Injuries at home are mostly caused by slipping on the _____.

Ans: floor



3. If bitten by insect , we can rub _____ on the affected area.

Ans: ice



Homework

HOMEWORK



• Do the oral Q& A of page no. 26

LEARNING OUTCOME



Learner will able to

- understand about the stars and planets.
- distinguish between stars and planets.



THANKING YOU ODM EDUCATIONAL GROUP