

### **CHANGING YOUR TOMORROW**

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# WHAT WE EXPECT TO LEARN?

# At the end of the class the students will understand

- 1. The student will realise the importance of good health.
- 2. They will also know the healthcare facilities in the country.
- 3. They come to know that a healthy person is an asset for the country.
- 4. They will realise that a healthy person's productivity is more than the unhealthy person.



# Recapitulation of the previous class

- 1. What are the advantages of education?
- 2. Which two factors are responsible for quality population?
- 3. What do you mean by vocational education?
- 4. What is Sarva Shiksha Abhiyan?
- 5. What is a bridge course?
- 6. Which factor decides the growth rate of a country?
- 7. Why are women less educated than men?
- 8. Has the literacy rates of the population increased since

1951?

## **HEALTH**

- 1. The heath of a person helps him to realize his potential and the ability to fight illness.
- 2.An unhealthy person becomes a liability for an organization
- 3.Good health increases the efficiency of a worker. . Good health increases the learning capacity of a worker.







# Main elements of national health policy and its achievements

- 1.Global Life expectancy has increased to over 72 yrs.at birth in 2016.
- 2.Infant Mortality Rate has come down from 147in 1951 to 29 in 2017.
- 3. Crude birth rate have dropped to 26.1
- 4. Death rate has come down to 8.7 during the same duration of time.









# **IMPORTANT TERMS**

- Infant mortality rate- Death of a child under one year of age.
- ♦ Birth rates-Is the number of babies born there for every 1,000 people during a particular period of time.
- Death rate- is the number of people per 1,000 who die during a particular period of time.

https://www.youtube.com/watch?v=LYwu I5odAc



Table 2.2: Health infrastructure over the years

		2013	2014	2015	2016	2017
H	SC/PHC/CHC	181,139	182,709	184,359	185,933	187,505
	Dispensaries and Hospitals	29,274	29,715	29,957	30,044	3,1641
pil.	Beds (Govt.)	628,708	675,779	754,724	6,34,879	710,761
	Registered Doctor in Medical Council	45,106	33,536	20,422	25,282	17,982
	Nursing Personnel (ANM+RN&RM+LHV)	2,344,241	2,621,981	2,639,229	2,778,248	2,878,182



# Home assignment

- 1. What is the role of Health in capital formation?
- 2. Mention two things necessary for good health.
- 3. What is the Infant mortality rate?
- 4. What is the aim of National Health Policy?
- 5. Define Birth rates and Death rates.



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