

# WELCOME TO THE ONLINE CLASS

**SESSION NO.: 21**

**CLASS: 5**

**SUBJECT: SCIENCE**

**CHAPTER NUMBER: 11**

**CHAPTER NAME: FORCE AND ENERGY**

**SUB TOPIC: ENERGY, DIFFERENT FORMS OF ENERGY- WATER  
ENERGY, MECHANICAL ENERGY, HEAT ENERGY**

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**CHANGING YOUR TOMORROW**

# LEARNING OBJECTIVE

**To enable the learner to:**

- **understand about energy.**
- **identify the types of energy.**
- **understand the importance of energy in real life.**

## LET'S RECAP

- **Name them:**
  - **The energy that we get from the sun.**
  - **The energy from the hot interior of the earth.**
  - **A renewable source of energy.**
- **What do you mean by renewable source of energy?**

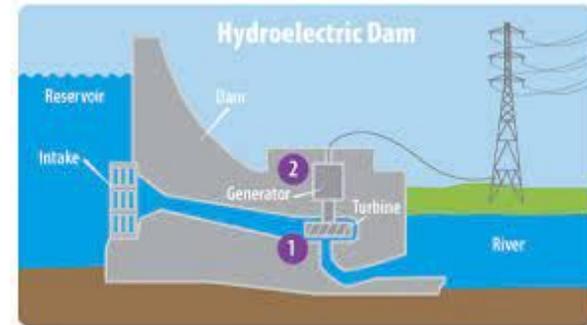
# ENERGY

- Energy is the ability to do work.
- Energy is everywhere in nature: sunlight, water, wind, plants and animals.



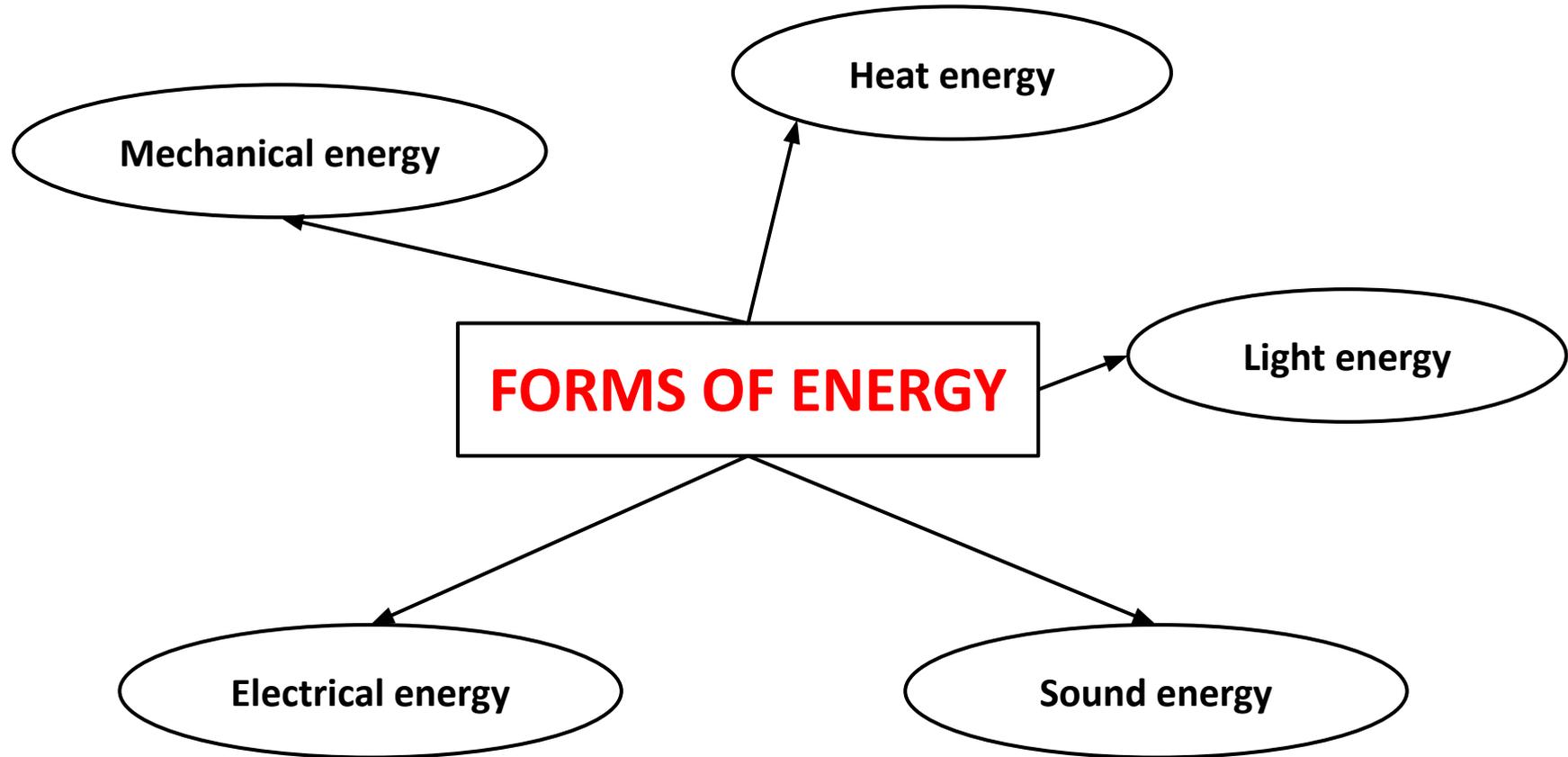
# WATER ENERGY/ HYDRO ENERGY

- It is another one important renewable sources of energy for generating power
- It is one of the oldest sources of energy



# DIFFERENT FORMS OF ENERGY

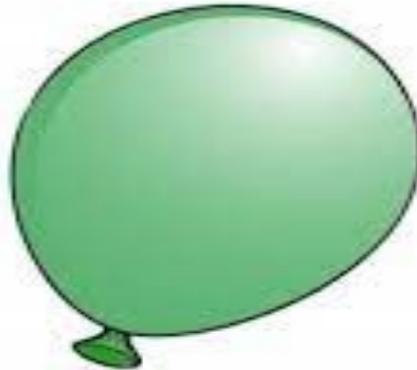
- **Mechanical energy**
- **Heat energy**
- **Light energy**
- **Sound energy**
- **Electrical energy**



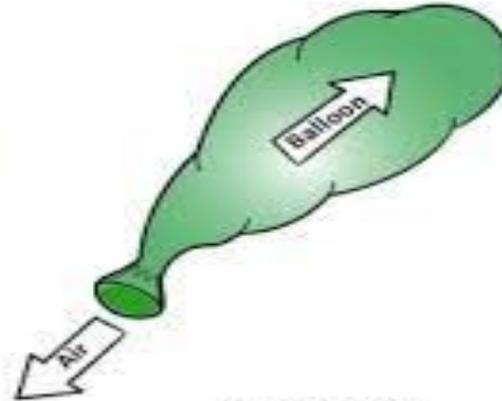
# MECHANICAL ENERGY

- The energy which is posed by an object due to its motion or due to its position is called mechanical energy.

## Potential and Kinetic Energy



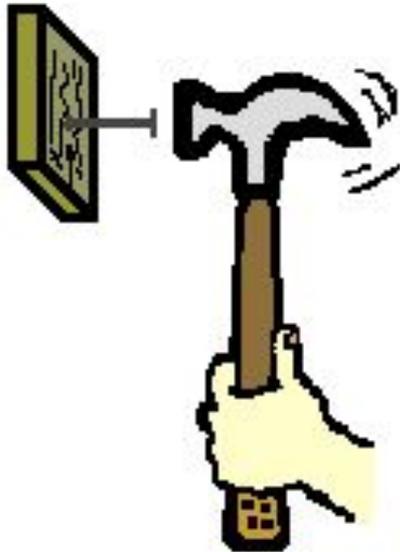
Potential energy



Kinetic energy

# TYPES OF MECHANICAL ENERGY

- Mechanical energy can be either kinetic energy or potential energy.

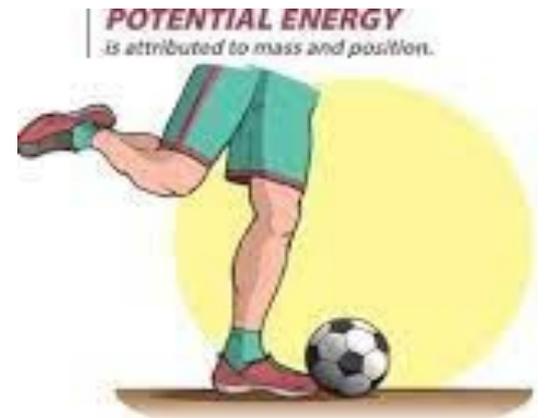
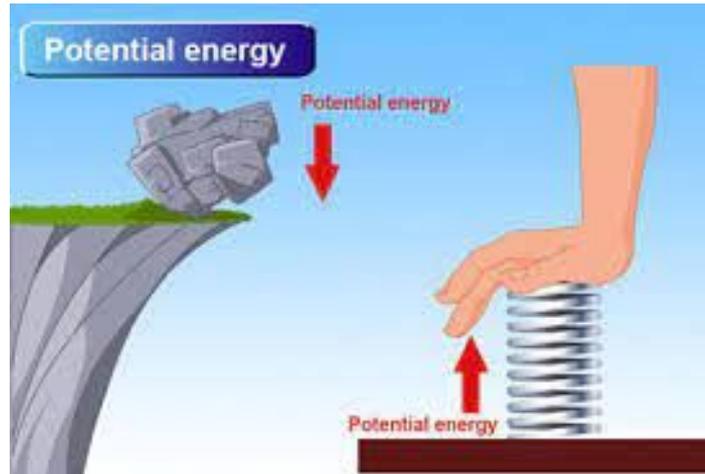


# POTENTIAL ENERGY

- The energy which is posed by an object due to its position is called potential energy.
- For example- water that is behind a dam, a raised weight, a book on a table before it falls, etc. are examples of potential energy.



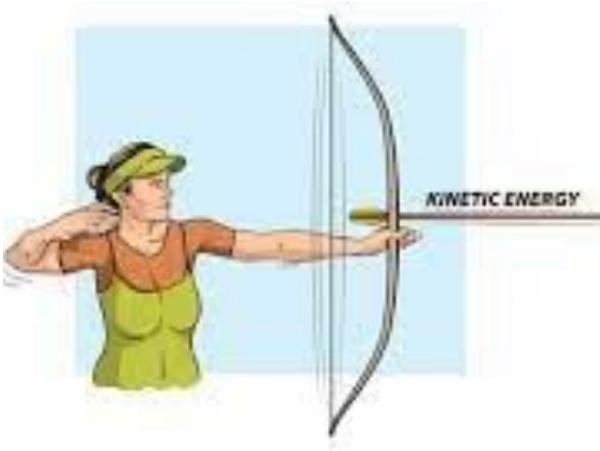
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# KINETIC ENERGY

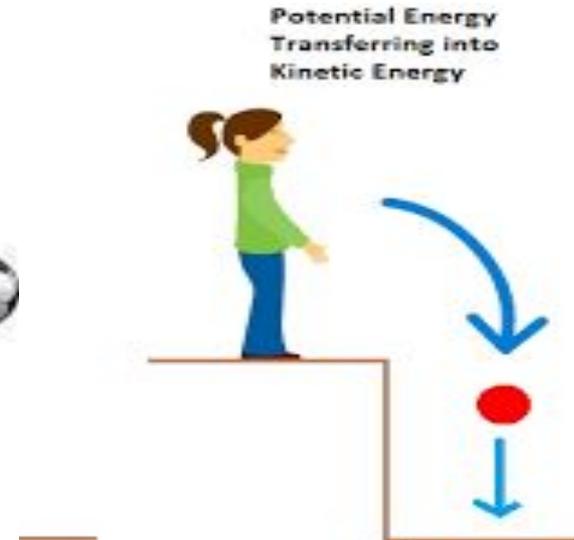
- The energy which is posed by an object to its motion is called kinetic energy.
- For example- a falling ball, a moving car, a moving cycle, etc. are examples of kinetic energy.



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# HEAT ENERGY

- Heat is a form of energy.
- It is used for cooking our food, boiling water, etc.
- Heat energy comes from burning of fuels like coal, kerosene, petrol etc.



# SUMMARY

- **Energy is the ability to do work.**
- **The energy that we get from water is known as hydro energy.**
- **There are different forms of energy.**
- **They are:**
  - **Mechanical energy**
  - **Heat energy**
  - **Light energy**
  - **Sound energy**
  - **Electrical energy**
- **Mechanical energy can either be kinetic energy or potential energy.**
- **Heat energy is used to keep our planet warm and do various other works.**

READY FOR A  
**QUIZ** ?



2. \_\_\_\_\_ is one of the oldest sources of energy.

**Ans: Water energy**

**3. A running cycle possess \_\_\_\_\_ energy.**

**Ans: Kinetic**

# **HOMEWORK**

**Do the questions A, B & C in your notebook.**

## D. Write short answers.

1. Name the different types of forces.

**Ans:** The different types of forces are:

- a. muscular force
- b. gravitational force
- c. frictional force
- d. elastic force
- e. mechanical force
- f. buoyant force

2. What are simple machines?

**Ans:** Tools that make our work easier, faster and with less force are called simple machines. They have only few simple parts.

3. Why is geothermal energy referred to as a renewable source of energy?

**Ans:** Geothermal energy is referred to as a renewable source of energy because the heat is continuously produced inside the earth.

## **D. Write short answers.**

**4. From where does most of the heat energy come?**

**Ans: Most of the heat energy comes from the sun and from the burning of fuels like coal, kerosene and petrol.**

**5. Name four different forms of energy.**

**Ans: The four different forms of energy are:**

**heat energy**

**light energy**

**sound energy**

**electrical energy**

# LEARNING OUTCOME

**The learner will be able to:**

- **understand about energy.**
- **identify the types of energy.**
- **understand the importance of energy in real life.**

**THANKING YOU**  
**ODM EDUCATIONAL GROUP**