

# **WELCOME TO THE ONLINE CLASS**

**SESSION NO.: 11**

**CLASS: 5**

**SUBJECT: SCIENCE**

**CHAPTER NUMBER: 2**

**CHAPTER NAME: FOOD AND HEALTH**

**SUB TOPIC: PASTEURIZATION AND VACCINATION**

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**CHANGING YOUR TOMORROW**

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# LEARNING OBJECTIVE

**To enable the learner to:**

- Know about the methods of pasteurization
- Know about Importance of vaccination

# WARM UP

- Define chlorination.
- Name a natural disinfectant.
- How can you purify water at home?

# PASTEURIZATION

- Heating milk at a high temperature and quickly cooling it to kill harmful germs is called pasteurization.



# VACCINATION

- The act of injecting vaccine to protect against a disease is called vaccination.
- Diphtheria, cholera, typhoid, tetanus, polio, measles, mumps, meningitis and hepatitis are the diseases that can be vaccinated.



# VACCINATION

- In 1994 to eradicate polio the Government of India has started polio immunization camp.
- From time to time all children under the age of five are given oral Polio drops against polio virus.
- This camp provided to be a successful and the incidence of Polio in India has decreased dramatically.



# **PREVENTION IS BETTER THAN CURE**

# SUMMARY

- Heating milk at a high temperature and quickly cooling it to kill harmful germs is called pasteurization.
- The act of injecting vaccine to protect against a disease is called vaccination.
- Vaccination provides protection against the disease.

READY FOR A  
**QUIZ ?**

# 1. Define pasteurization.

**Ans:** Heating milk at a high temperature and quickly cooling it to kill harmful germs is called pasteurization.

## 2. What is vaccination?

**Ans: The act of injecting vaccine to protect against a disease is called vaccination.**

### 3. When was pulse polio immunization campaign started and what was the reason behind it?

**Ans:** In 1994, pulse polio immunization campaign was started to eradicate polio.

## F. Answer these questions.

**2. What precautions would you take to check the spread of malaria?**

**Ans:** Precautions that we would take to check the spread of malaria are:

- We should stop breeding off mosquitoes by not allowing water to stagnant at the place.
- We should destroy mosquito larva by spraying oil on the surface of water in tanks and ponds.
- We should use a mosquito net or mosquito repellent at night.
- Drains must be covered.

## F. Answer these questions.

**3. Explain two ways of controlling communicable diseases.**

**Ans:** Ways of controlling communicable diseases are:

- Germs of certain diseases stay on articles like cloth, comb, toys etc used by a patient. All such items should be disinfected or boiled to kill the germs.
- Children suffering from any communicable disease should stay away from school till they are fully recovered.

## F. Answer these questions.

**4. Which steps would you take to prevent the spread of germs from a sick person?**

Ans: The steps we would take to prevent the spread of germs from a sick person are as follows:

- Keep yourself and your surroundings clean.
- Always put garbage in covered bins.
- Use disinfectants to clean floors.
- Use mosquito repellents and mosquito nets.
- Use a water purifier to kill germs.

# HOMEWORK

**Learn the Q/A**

# LEARNING OUTCOME

**The learner will be able to**

- **Know about the methods of pasteurization**
- **Know about Importance of vaccination**

**THANKING YOU  
ODM EDUCATIONAL GROUP**