

Chapter- 2

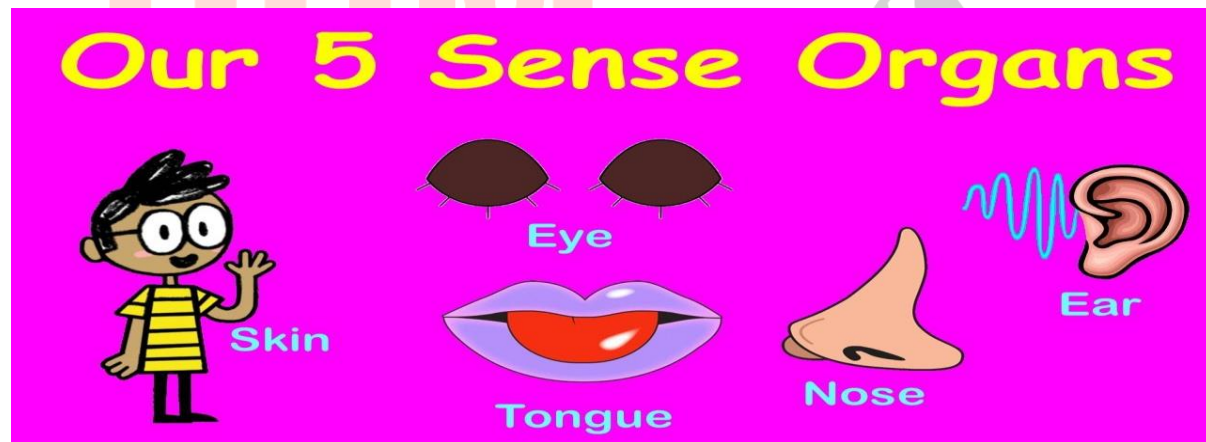
How My Body Works

STUDY NOTES

LET'S LEARN:

SENSE ORGANS:

- The organs which help us to sense the world are called sense organs.
- Human beings have five sense organs like: eyes, ears, nose, tongue and skin.
- We can see with our eyes.
- We can hear with our ears.
- We can taste with our tongue.
- We can smell with our nose.
- We can feel with our skin.

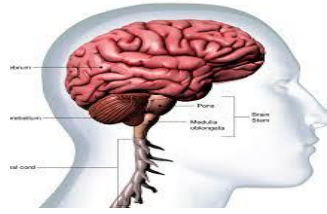


INTERNAL ORGANS:

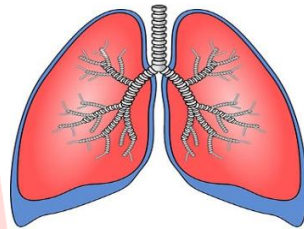
There are some other parts of our body which we cannot see, they are internal organs. They do different kinds of work.

BRAIN:

- The brain helps us to think
- It controls all the sense organs and the way we think
- The brain lies inside our head.

**LUNGS:**

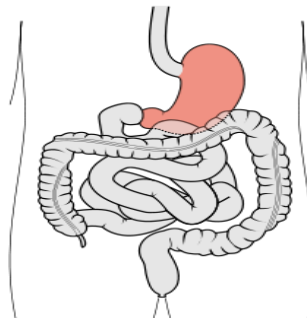
- The lungs help us to breathe.
- There are two lungs in our chest.
- When we breathe, we take oxygen and flush out carbon dioxide.

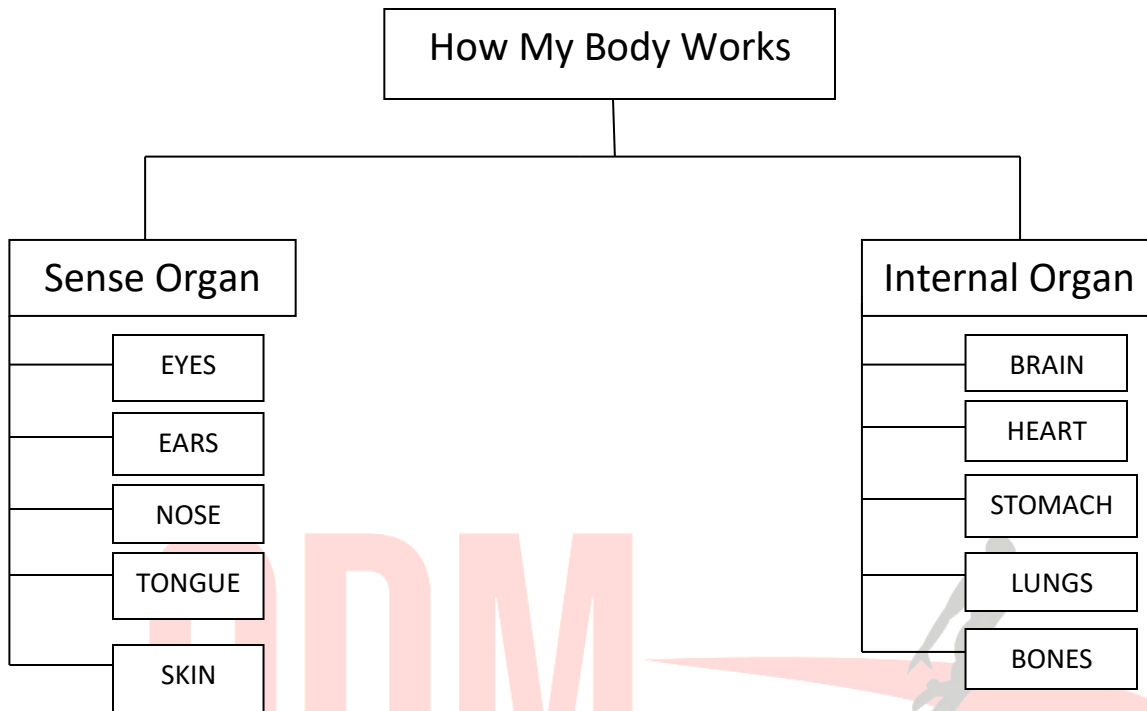
**HEART:**

- The heart is on the left side of the chest.
- The heart pumps blood to all parts of the body.

**STOMACH:**

- Stomach helps us to digest our food.
- The food we swallow goes to our stomach.
- In stomach, the food is broken down into simple form.
- The breaking down of food is called digestion.



MEMORY MAP**Let's Know More:**

Q1. Mark the following 'true' or 'false'.

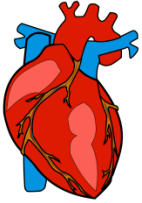
- a) We sense sound using our nose. _____
- b) The food that we eat goes to our heart. _____
- c) We use our brain to see, smell and hear. _____
- d) Our heart lies inside our head. _____
- e) We see with our eyes. _____

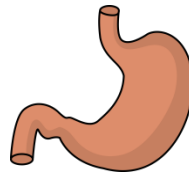
Let's Do:

Q2. Name these parts of the body.









Q3. Match each organ with the work it does. One has been done for you.

A

B

a) The stomach

i) help us breathe

b) The heart

ii) help us think

c) The lungs

iii) pumps blood

d) The brain

iv) digest food

Q4. Find the names of the body parts in the word grid. One has been done for you.

tongue

heart

brain

eyes

nose

lungs

stomach

ears

head

legs

a	s	l	e	g	s	b	s
v	t	u	h	e	a	r	t
f	o	n	e	c	e	a	o
e	n	g	h	b	a	i	m
z	g	s	a	u	r	n	a
r	u	e	y	e	s	p	c
h	e	a	d	q	t	n	h
a	r	b	s	n	o	s	e

Q5. Which internal organ helps you.

- a) When you eat? _____
- b) When you do your homework? _____
- c) When you breathe? _____

Q6. Replace the words in colour with the correct words from the help box. One has been done for you.

heart lungs stomach brain

- a) My **stomach** helps me to think. brain
- b) My **brain** helps me to digest my food. _____
- c) My **lungs** pump blood to the whole body. _____
- d) My **heart** helps me to breathe. _____

Teacher's Note:

- Prepare a chart of sense organs and internal organs and write their functions.

Improve Your GK:

- A normal human heart beats 72 times for a minute.
- Babies are born with 300 bones and have 206 bones.
- Tongue is the most flexible muscle in our body.

Answer Key:

Q1.

- a) False
- b) False
- c) True
- d) False
- e) True

Q2.

- a) Lungs
- b) Heart
- c) Brain
- d) Kidney

Q3.

- a) The stomach- digests food.
- b) The heart- pumps blood.
- c) The lungs- help us breathe
- d) The brain- helps us think.

Q4.

a	s	l	e	g	s	b	s
v	t	u	h	e	a	r	t
f	o	n	e	c	e	a	o
e	n	g	h	b	a	i	m
z	g	s	a	u	r	n	a
r	u	e	y	e	s	p	c
h	e	a	d	q	t	n	h
a	r	b	s	n	o	s	e

Q5.

- a) Stomach
- b) Brain
- c) Lungs

Q6.

- a) Brain
- b) Stomach
- c) Heart
- d) Lungs