

Chapter- 2

How My Body Works

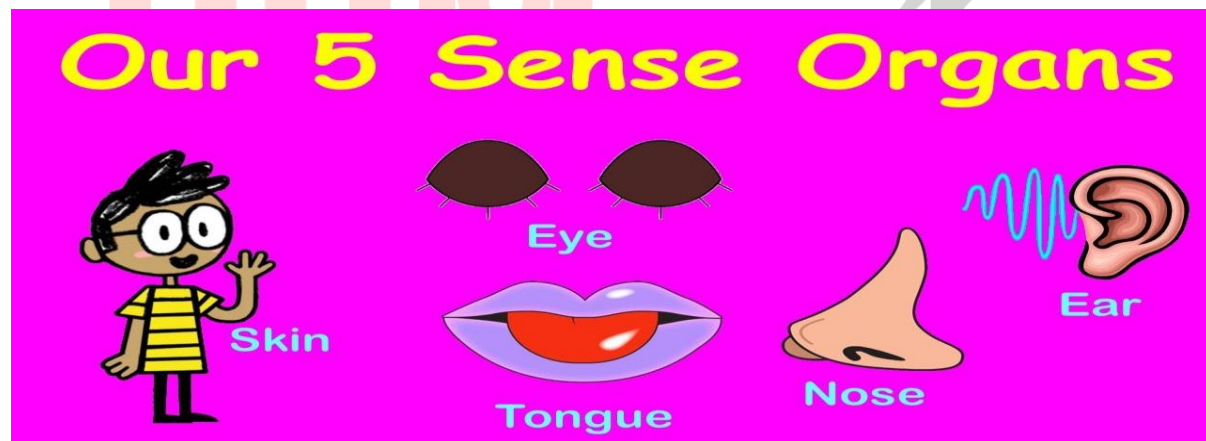
STUDY NOTES

LET'S LEARN

SENSE ORGANS:

Human beings have five sense organs like: eye, ear, nose, tongue and skin.

- We see with our eyes.
- We hear with our ears.
- We taste with our tongue.
- We smell with our nose.
- We feel with our skin.

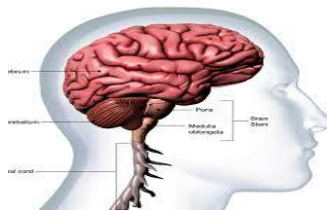


INTERNAL ORGANS:-

There are some other parts of our body which we cannot see. they are internal organs. They do different kinds of work.

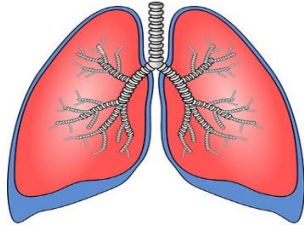
BRAIN:-

- The brain helps us to think
- It controls all the sense organs and the way we think
- The brain lies inside our head.



LUNGS:-

- The lungs help us to breath.
- There are two lungs in our chest.
- When we breathe we take oxygen and flush out carbon dioxide.

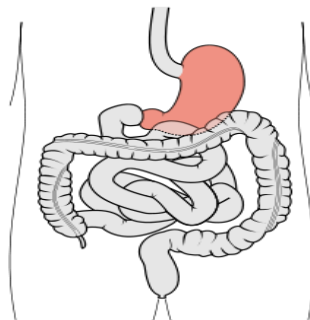
**HEART:-**

- The heart is on the left side of the chest.
- The heart pumps blood to all parts of the body.

**STOMACH:**

- Stomach helps us to digest our food.
- The food we swallow goes to our stomach.
- In stomach, the foods is broken down or digest.

The breaking down of food is called digestion.



The brain, lungs, heart and stomach are found inside our body, therefore they are called internal organs.

Memory map

HOW MY BODY WORKS

SENSE ORGANS

EAR

EYE

SKIN

NOSE

TONGUE

INTERNAL ORGANS

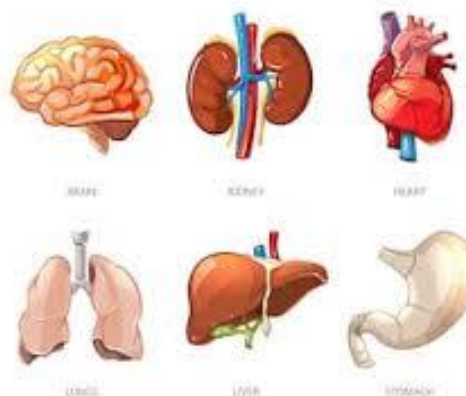
BRAIN

HEART

STOMACH

LUNGS

BONES



shutterstock.com • 368198567

Let's Know More

Q1. Mark the following 'true' or 'false': -

- i. We sense sound using our nose. _____
- ii. The food that we eat goes to our heart. _____
- iii. We use our brain to see, smell and hear. _____
- iv. Our heart lies inside our head. _____
- v. We see with our eyes. _____

Let's Do

Q2. Name these parts of the body.



Q3. Match each organ with the work it does. One has been done for you.

- | A | B |
|----------------|------------------|
| I. The stomach | help us breathe. |
| II. The heart | help us think. |
| III. The lungs | pumps blood. |
| IV. The brain | digest food. |
- Note: A blue line connects 'I. The stomach' to 'digest food.' and 'III. The lungs' to 'pumps blood.'*

Q4. Find the names of the body parts in the word grid. One has been done for you.

tongue	heart	brain	eyes	nose
lungs	stomach	ears	head	legs

a	s	l	e	g	s	b	s
v	t	u	h	e	a	r	t
f	o	n	e	c	e	a	o
e	n	g	h	b	a	i	m
z	g	s	a	u	r	n	a
r	u	e	y	e	s	p	c
h	e	a	d	q	t	n	h
a	r	b	s	n	o	s	e

Q5. Which internal organ helps you

1. When you eat? _____
2. When you do your homework? _____
3. When you breathe? _____

Q6. Replace the words in colour with the correct words from the help box. One has been done for you.

heart lungs stomach brain

1. My **stomach** helps me to think. brain
2. My **brain** helps me to digest my food. _____
3. My **lungs** pump blood to the whole body. _____
4. My **hearts** helps me to breathe. _____

Q7. Circle odd word in each set.

1. Head stomach brain thing
2. Lung head breath chest

- | | | | |
|------------|-------|-------|------|
| 3. Stomach | food | pump | eat |
| 4. Swallow | heart | blood | pump |

Teacher's Note

Prepare a chart of sense organs and internal organs and write their functions.

Improve Your GK

- A normal human heart beats 72 times for a minute.
- Babies are born with 300 bones and have 206 bones.
- Tongue is the most flexible muscle in our body.

Answer Key: -

Q1. i. False

ii. False

iii. True

iv. False

v. True

Q2.

i. Lungs

ii. Heart

iii. Brain

iv. kidney

Q3.

A

I. The stomach

II. The heart

III. The lungs

IV. The brain

B

digests food.

pumps blood.

help us breathe

helps us think.

Q5.

i. Stomach

ii. Brain

iii. Lungs

Q6.

- i. Brain
- ii. Stomach
- iii. Heart
- iv. Lungs

Q7.

- I. Thing
- II. Lungs
- III. Pump
- IV. Swallow

