

Unit-4

Physical Education & Sports For C.W.S.N

1-Mark Questions-(Objective/Subjective)

1. Disability means.
 - a. Impairment of cognitive, developmental & intellectual
 - b. Problem of body & mind
 - c. Not able to work
 - d. Sense organs not work properly.
2. Cognitive disability means.
 - a. limbs not working
 - b. impairment of brain
 - c. argumentative behaviour
 - d. Cannot do a physical workout.
3. Paralympics games are meant for
 - a. Cognitive disability person
 - b. Normal athlete
 - c. Visual disable person.
 - d. Physical impairment.
4. Which of the following is not a disability?
 - a. Cognitive impairment.
 - b. ASD
 - c. Vision impairment
 - d. Physical impairment.
5. The symptom of OCD...
 - a. Opposite & argumentative behaviour
 - b. Oversensitive
 - c. Difficulty in controlling behaviour
 - d. Cannot think properly.
6. Which of the following is not a disable etiquette
 - a. Helping without giving your identity
 - b. Do not lean on the wheelchair
 - c. Talk directly.
 - d. Offer to help.
7. the need of special children is.
 - a. Activity according to their need
 - b. Simple & easy rule
 - c. Motivate to participate
 - d. all of the above
8. cognitive disorder does not include.
 - a. Autism
 - b. Down syndrome
 - c. Dyslexia
 - d. Poliomyelitis
9. The ODD patient does not sign of
 - a. Anger
 - b. Calmness
 - c. vindictiveness
 - d. Irritation
10. _____ disability is an illness of the nervous stem which results in muscles disorder.
 - a. Musculoskeletal
 - b. Skeletal
 - c. Muscular
 - d. neuromuscular.
11. The main reason of Intellectual disability
 - (a) Vaccination
 - (b) Malnutrition
 - (c) consumes alcohol or drugs
 - (d) Physical Activities
12.
 1. Cognitive disability
 2. Ability
 3. Disability
 4. Physical disability
 5. Intellectual Disability
 - a. Able to living life activities easily
 - b. impairment of normal life tasks
 - c. visual & hearing disability
 - d. Reasoning & learning disability
 - e. memory & hyperactivity

(a) 1-d, 2-a, 3-b, 4-c, 5-e
 (b) 1-a, 2-b, 3-c, 4-d, 5-e

- (c) 1-e, 2-d, 3-c, 4-b, 5-a
(d) 1-b, 2-c, 3-a, 4-e, 5-d
13. Most suitable word used for disable person:
(a) Handicapped (b) Retarded (c) Devang (d) Blind
14. Physical disability is a condition which deals
(a) mobility or movement (b) speak & learn (c) Process of information (d) Calculation
15. Repeated Action are called
1. ADHD 2. ODD 3. OCD 4. ASD
16. Disorder are not caused by ----
1. Heredity 2. Environment 3. Less Brain development 4. Balanced food
17. Select the correct one.
1. Visual impairment a. behaviour towards others
2. Difficulty is speaking b. tap the person on shoulder
3. Hearing impairment c. Introduce self-first
4. Etiquettes d. Speech therapy
(a) 1-b, 2-d, 3-a, 4-c. (b) 1-c, 2-d, 3-b, 4-a.
(c) 1-a, 2-b, 3-c, 4-d. (d) 1-d, 2-c, 3-b, 4-a.
18. Give the full form of ADHD.
19. Which type of disability creates a hindrance for an individual to store, process and produce information?
20. Which type of disability can affect an individual's ability to read, computer, speck and write?
21. Which type of disability limits an individual's physical functioning, mobility or stamina?
22. In which disorder, children cannot sit, focus and pay attention properly?
23. In which disorder children always tend to disrupt those around them?
24. Give the full form of ODD.
25. Which disorder causes repeated unwanted thoughts?
26. Give the full form of OCD.
27. Give the full form of SPD.

3-Mark Questions

28. Elaborate on the meaning of disability.
29. Briefly discuss the concept of disorder.
30. Discuss cognitive disability.
31. Mention symptoms of ADHD in children.
32. Discuss the causes of SPD.
33. Discuss the causes of ODD.
34. Discuss in detail the symptoms and causes of ASD.
35. Differentiate between cognitive and physical disability.
36. What are the types of disability? Explain briefly.
37. What are disability etiquettes? Explain.

5-Mark Questions

38. Elucidate the causes of disability.
39. What is Obsessive-Compulsive Disorder? Elaborate on the causes of OCD.
40. Discuss the advantages of physical activities for children with special needs in detail.
41. Discuss various strategies to make physical activities accessible for children with special needs in detail.
42. What are the benefits of physical activity for children with special needs?
43. Elaborate on the concept of disability and disorder in detail.

