

H.W.
8/12/2021

1. Why should we not eat polished rice?

Ans We should not eat polished rice.

By eating polished rice we will get -

deficiency of vitamins and minerals. We

get diabetes also by ~~eat~~ eating the ~~rice~~

polished rice.

2. Who discovered the first antibiotic?

Ans ~~Q~~ Alexander Fleming discovered the Antibiotic.

3. Name two diseases caused by animal bites.

Ans The name of diseases caused by animal

bites are → rabies, plague

(4) what bad habits can lead to bad health?

ans The bad habits can lead to bad health

are - pizza, burger, alcohol, drugs etc.

(5) Name the nutrient lacking in one's diet if a person suffers from.

(i) Haemorrhage

(ii) Dehydration

1. Haemorrhage

2. Dehydration

3. Paralysis

4. Tooth decay

5. Skin diseases

Ans) The name the nutrient lacking in one's diet

if a person suffers as ~~follow~~ follow:

- 1 ~~Haem~~ Vitamin K
- 2 Sodium
- 3 potassium
- 4 Vitamin D and Fluorine
- 5 ~~Vitamin~~ B₂