

BIOLOGY

1. We should not eat polished rice as the nutrients gets lost in polished rice.
2. Alexander Fleming discovered the first antibiotic.
3. rabies and tetanus
4. Smoking, biting nails, lack of exercise, obesity and lack of sleep can lead to bad health.
5.
 - i. Lack of Vitamin K
 - ii. Water deficiency
 - iii. Vitamin B12
 - iv. Vitamin B