

av
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Worksheet

Date _____
Page _____

1. We shouldn't eat polished rice because these are processed which means the nutrients are removed.
2. Alexander Fleming was the first to discover antibiotic.
3. Rabies is a disease caused by animal bite.
4. Eating junk food, ~~wathi~~ watching TV/mobile for longer hours, not taking care of skin, teeth, nails, body, exercises, etc can cause a bad health.
5.
 - i.) Vitamin K
 - ii.) Sodium and Potassium
 - iii.) Vitamin B12
 - iv.) Vitamin C
 - v.) Vitamin B₃