

WORKSHEET - III

1. According to the author, the YMCA pool was safe to learn swimming for beginners, it had a shallow side; gradually sloping downwards. It was less treacherous than Yakima river.
2. Douglas' mother suggested him to swim at the YMCA pool because it was safe, with a slow dropping from 2-3 feet deep at the shallow end to nine feet at the opposite end.
3. As a child of three or four years, Douglas had been knocked down by the waves at California beach. The waves swept over him and he was buried under them. The overpowering force of water terrorized him and he developed an aversion for water.
4. Douglas' father was mature and he knew that Douglas would be safe. He had enough experience to understand that the ~~wave~~ waves won't be able to harm him. However, Douglas was a child and was easily frightened and got knocked down by waves.

5. Douglas had a fear of water even before his experience of drowning in the pool. When he was 3 or 4, he was knocked down by a wave in California beach. He had developed an aversion from water since then.
6. Douglas mentions him for his misadventure in the YMCA swimming pool in which he had nearly died. It was the boxer boy who had picked up Douglas and tossed him into deep end.
7. At the YMCA swimming pool, the healthy boy picked up Douglas and tossed him into the pool's deep end; and excused that he was fooling.
8. When Douglas realised he was sinking, he was frightened out of his wits and it was then that he decided to make a big jump and come up to the surface. He thought of lying flat on water for some time.
9. When the writer was tossed into the water, he was frightened. He thought that when he reached the bottom he would make a big jump. He grew panick and thought he wouldn't survive.

10. Douglas takes us through his near death experience at the YMCA pool where he was drowned and frightened. He made an attempt to come out of the pool and thought of making a big jump, but he failed. He felt helpless and finally thought he was dying.
11. After his two experience at the pool, he was deeply troubled. Fear followed him everywhere. It even ruined his interest in water sports as canoeing, fishing, rafting, etc.
12. As Douglas went down the pool the third time, he swallowed more water. All his efforts to jump up ceased. His legs felt limp. A blackness swept over his brain and it wiped out fear and terror. It was quiet and peaceful. He felt drowsy and wanted to go to sleep.
13. After the mishap, the boy said that he was only fooling with him. His real intents might be the same as he was a boy who used to bully other weak and younger children.

14. The ~~actor~~^{writer} developed an aversion from water due to the previous incidents he went through. After the second incident, he was very terrified and developed a phobia. The third incident made him feel he was close to death. But, after practicing, he finally overcame his fear.
15. Whenever he waded the Tieton or Blum ping river or bathed in Warm Lake of Goat Rocks, the terror that had seized him in pool would come back. This terror would take possession of him completely. His legs would become paralysed and icy horror would grab his heart.
16. Due to the writer's aversion from water, his other water activities including fishing was also ruined.
17. Douglas' trainer was a good instructor and trained him very well. He applied all his tricks on the writer and in six months, he was able to teach the writer, the proper way of swimming. He made him deprive of all his fear from water.

18. The instructor trained the writer five days a week, an hour each day. He taught him how to breathe under water and repeated this exercise, he made him kick himself with his own legs. Thus, piece by piece, the instructor built a swimmer and perfected him in every way.

19. The writer was a determined person. Even after developing a fear from water, he didn't lose hope and got on practicing with the guidance of his trainer and finally conquered his fears. This shows the writer's skills of hard work, determination, courage and will to achieve his goals.

20. The story teaches us the lesson of determination and will power. The writer had developed an extreme fear of water. However, he decides to face his ~~war~~ fear and work hard until he becomes a good swimmer.