

Chapter- 7

The foods of India

WORKSHEET

Complete the pairs.

- I. Himachal Pradesh: Apple – Ladakh : Apricots
- II. Rice: Cereal - Rajma: pulses
- III. Uttar Pradesh: Roti made of wheat- Rajasthan Roti made of jowar and bajra
- IV. Meat: non-veg - cardamom : spices

Circle the odd one out.

- i. Apples, mangoes, Peaches, Apricots
- ii. Jowar, bajra, chana, rice
- iii. Wheat, toor, moong, masoor
- iv. Cinnamon, cardamom, cloves, corn
- v. Tomato, apricot, brinjal, beans

Write two examples of each:

- i. Varieties of mangoes Dussehra, Alphonso
- ii. Cereals grown in India Rajasthan, Assam
- iii. Meat-based Indian dishes Biryani, Butter chicken
- iv. spice-growing states of India Ahmadabad, Kerala

Answer the following:

- i. Write some popular Indian sweets.
Some Indian sweets are Gulab Jamun,
Rasgulla, Kaju barfi and sandesh.
- ii. What kind of fruits are grown in southern India?
The fruits grown in southern India are
mangoes, grapes, Bananas and lichi.