

1/11/21
7:00

Vitamin	Name of the deficiency disease	Source
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|------------------|---|---|
| a) Vitamin A | Night blindness
drying of cornea. | Carrot,
Yellow fruits. |
| b) Vitamin B | Beriberi | whole etc.
grains, eggs, nuts. |
| c) Ascorbic acid | Scurvy | Citrus fruits
tomatoes. |
| d) Vitamin D | Rickets
(in childhood)
bones turn
soft | Egg yolk
Fish liver oil,
Sunlight,
milk, butter. |

Name the Following

1. A bacterial caused due to contaminated water Cholera
2. A disease caused due to plasmodium Malaria

3. A disease caused due to the bite of female culex mosquito. ~~Malaria~~ ^{dengue} Filariasis / Elephantiasis

4. A viral disease spread by the bite of a dog. Rabies / hydrophobia

5. Two diseases caused due to deficiency of protein in the diet of a child. Marasmus

6. Any three water-borne diseases: Cholera, ~~Typhoid~~, Amoebiasis, Hepatitis A.

7. A viral disease caused due to unhealthy sexual contact. Cold, Mumps

8. A disease caused due to choking of the ~~coronary~~ coronary artery. Plaque, Angina