

Chapter- 7

The foods of India

WORKSHEET

Complete the pairs.

- I. Himachal Pradesh: Apple – Ladakh : Apricots
- II. Rice: Cereal - Rajma: Pulses
- III. Uttar Pradesh: Roti made of wheat- Rajasthan Roti made of jowar and bajra
- IV. Meat: non-veg - Cloves : spices

Circle the odd one out.

- i. Apples, mangoes, Peaches, Apricots
- ii. Jowar, bajra, chana rice
- iii. Wheat, toor, moong, masoor
- iv. Cinnamon, cardamom, cloves, corn
- v. Tomato, apricot, brinjal, beans

Write two examples of each:

- i. Varieties of mangoes Alphonso, Dusheri
- ii. Cereals grown in India wheat, Bajra
- iii. Meat-based Indian dishes Butter chicken, Rogan josh
- iv. spice-growing states of India Kerala, Karnataka.

Answer the following:

- i. Write some popular Indian sweets.
popular Indian sweets are Rasgullas, barfis, Mysore Pak, gulab jamuns & Ladoo.
- ii. What kind of fruits are grown in southern India?
Mango (Uram), Pineapples, Coconut & Banana are mostly grown in southern India.