

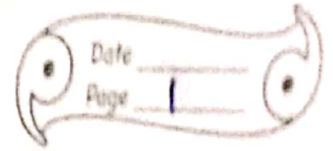
Class
12/05

Work sheet

Sec-D/B

Std-4

~~Class work~~ Sub-SC



1. Choose the correct answer

1. ~~French~~ Fresh food and vegetables are a rich source of Vitamins

a. Carbohydrates

b. Fat

c. Proteins

d. Vitamins

2. Measles is a non-communicable disease

a. Typhoid

b. Cold

c. Asthma

d. Measles

3. Tetanus spread through damaged skin

a. Infected food and water

b. Insects

c. the air

d. damaged skin

4. Vitamin C deficiency can cause scurvy.

a. Vitamin C

b. Iodine

c. Vitamin A

d. Iron

5. Vitamin C is not found in milk.

a. Calcium

~~b. Vitamin C~~

c. Vitamin B

d. Vitamin A

11. Fill in the blanks.

1. Haemoglobin a protein in red blood cells that carries oxygen from the lungs to the tissues.

2. Diseases that spread from one person to another person is called communicable diseases.

3. The position in which we hold our body when we sit, stand or move is known as posture.

4. Proteins help in the growth and development of the body.

5. Pasteurization is heating milk at a high

temperature and quickly rolling it to
kill.

111. Write true or false for the following
statements.

1. Roughage can be digested. False
2. Overcooking destroys several nutrients.
True
3. Measles is spread by eating infected
food. False
4. Antiseptics should be used to clean
wounds, cut and insect bites. True
5. Exercise makes our internal organs
stronger. True

IV. Give answer in ~~one~~ one word.

1. The act of injecting vaccine to protect against the disease vaccination

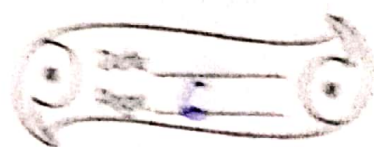
2. To get rid of something completely. eradicate

3. An ~~abnormal~~ abnormal condition in which the body is ~~not~~ not able to function properly. disease

4. Microorganism that causes disease like malaria ~~at~~ and dysentery.

protozoa

5. A diet that contains right amount of all the nutrients includi



Water and sewage treatment