

## Chapter- 3

## The Northern Mountains

## WORKSHEET

Fill in the blanks:

1. The word 'Himalaya' in Sanskrit means "abode of snow".
2. The Himalayas consists of three mountain ranges that run parallel to each other.
3. Kanchenjunga (8586 metres) is the highest peak in India.
4. The river Ganga starts from the Garangotri glacier.
5. The southern-most and the lowest range of the Himalayas is the Shiwalik.

State true or false:

1. Gangtok is the capital of Sikkim. ( T )
2. The Himalayan mountain ranges does not influence the climate of India. ( F )
3. The women of the Sikkim traditionally wear long skirts called bako and colourful jewellery made from beads. ( T )
4. The capital of Manipur is Imphal. ( T )
5. The traditional loose kurta worn by men and women in Kashmir is called phiran. ( T )
6. Saffron is not a special crop of the Kashmir. ( F )
7. Kanchenjunga in Sikkim is the third highest mountain peak in the world. ( T )
8. Towards the east, the Himalayan Ranges run across the seven states of Arunachal Pradesh, Assam, Meghalaya, Nagaland Manipur, Tripura and Mizoram.  
They are called the seven sisters. ( T )

Write one word for the followings:

1. The cutting down of the trees are called deforestation.
2. Foothills hills of the Shiwalik Range Terai region

3. Earthen pot with burning coal carried by the people in Kashmir in winter.

Kangri

4. A small boat in Kashmir mostly used for boating for pleasure and as floating shops.

Shikara

5. A loose gown worn by the people in Kashmir. Phiran

6. The Southern-most and lowest range of the Himalayas. Shivalik

7. The Northern-most range of the Himalayas. Himadri

