

Worksheet Chapter - 6

The food we eat

Complete the pairs :-

- i) Himachal Pradesh : Apple - Ladakh : apricots
- ii) Rice : Cereal - Rajma : Kabuli channa
- iii) Uttar Pradesh : Roti made of wheat - Rajasthan
Roti made of jowar and bajra.
- iv) Meat : non-veg :- Chillies : spices

Circle the odd one out

- i) Apples, mangoes, peaches, apricots
- ii) Jowar, bajra, chana, rice
- iii) Wheat, toor, moong, masoor
- iv) Cinnamon, cardamom, cloves, corn
- v) Tomato, apricot, brinjal, beans

Write two examples of each :-

- i) Varieties of mangoes - Dasheri, Langra
- ii) Cereals grown in India - Rice, Wheat
- iii) Meat based Indian dishes - Mutton Curry, Mutton keema.
- iv) Spice-growing states of India - Odisha, Rajasthan

Answer the following :-

i) Write some popular Indian sweets.

Ans - The Indian sweets are Rasgullas, Laddoos, barfis, gulab jamuns, mysore are Indian sweets.

ii) What kind of fruits are grown in southern India?

Ans - Mango, Banana, Lemon, Guava this type of fruit grown in Southern India.