

WORKSHEET

Deep Water

Q) What is the misadventure William Douglas speaks about?

Ans) When William Douglas started taking to learn swimming at ~~YMAA~~ YMEA pool, he tried to do so by imitating the other swimmers. One day when he went to the pool he saw no one else. He was timid about going to the pool alone so he sat on the edge of the pool. Just then a big cruiser of a boy came in and picked up the narrator and threw him into the pool. The narrator tried to swim but couldn't succeed. This is the misadventure.

Q) How did the experience affect him?

Ans) The night of the experience he couldn't eat - He was weak and trembling. He shook and cried on his bed. He never went ^{back} to the pool. He feared water and avoided it whenever he could. When ever he went near water, the terror that had seized him returned to haunt him. He was paralysed by it - The haunting fear stayed with him as years rolled by and it ruined his fishing trips and destroyed his joy of canoeing, boating and swimming.

Q) When Douglas realized he was sinking how did he plan to save himself?

Ans) When the narrator realized he was sinking he planned to save himself by ~~but~~ kicking upwards when he reached the bottom of the pool and then resurface and get out of the pool.

Q) Which factory led Douglas to decide in favour of the Y.M.C.A. pool.

Ans) Douglas' mother recommended that he should learn swimming at the Y.M.C.A. pool ~~was~~ because it was safe, being only two or three feet deep at the shallow end with a gradual drop to nine feet at the other end. In contrast, the Yakima river was quite deep and several cases of drowning in it had been reported.

Q) "I had an aversion to water". When did he start having it and how.

Ans) Douglas started having an aversion to water when he was thrown into the deep end of the swimming pool by a muscular boy. He almost drowned and was hauled out of the pool unconscious.

Q) Why did Douglas go to Lake Wentworth in New Hampshire?

Ans) When Douglas had perfected the art of swimming he wanted to explore the water bodies he was scared of earlier and thus thereby conquer his fears. Hence he went to Lake Wentworth in New Hampshire.

Q) How did Douglas overcome his fear of water?

Ans) To overcome his fear of water Douglas decided to learn how to swim and to ace swimming he hired an instructor who built a swimmer out of him in the ~~right time~~ YMCA pool.

Q) Mention two long term consequences of drowning on Douglas.

Ans) A long term consequence of nearly drowning was that whenever he went near water, the terror ^{that had} seized him returned to haunt him. He was paralysed by it - Another consequence was that his fear ruined his joy of ~~the~~ canoeing, boating and swimming.

Q) 'All we have to fear is fear itself', When did Douglas learn this lesson?

Ans) Douglas learnt this lesson when he conquered his fear of water by learning how to swim.

Q) Why was Douglas determined to get over his fear of water?

Ans) Douglas' fear of water was negatively affecting his life. It made him develop an aversion to water and ruined his fishing trips whilst eliminating his joy of canoeing, boating and swimming. Thus he was determined to get over his fear of water.