

Name the following.

1. A bacterial disease caused due to contaminated water - Jaundice
2. A disease caused due to plasmodium - Malaria
3. A disease caused due to the bite of female culex mosquito - Malaria
4. A viral disease spread by the bite of a dog - Rabies
5. Two diseases caused due to deficiency of protein in the diet of a child - Kwashiorkor, Marasmus
6. Any three water borne disease - Jaundice, Cholera, Diarrhoea
7. A viral disease caused due to unhealthy sexual contact - AIDS
8. A disease caused due to clogging of the coronary artery - Heart attack

Q11 Q1) What is a non-communicable disease?

Ans The disease that doesn't cause by any disease and not spread from person to person is called non-communicable disease.

Q2 What is a deficiency disease?

Ans The disease which is caused due to lack of any nutrition and leads to malnutrition is called a deficiency disease.

Q3 What are communicable diseases? How can they be avoided?

Ans The disease that are caused by any germs and are transferable from one person to other is called communicable disease. It can be avoided by proper hygiene and sanitation, by immunisation against infectious disease, by cover our mouth while coughing and sneezing, by wash and dry your hands regularly and well, eating proper cooked food.

Q1. Biting nails should be strictly avoided. Give reason.  
ans. Nail biting should be avoided because it has dirt that has many bacteria causing disease. Nails should be cut from time to time to save from disease.

Q2. Regular exercise and proper rest is must. Give reason.  
ans. Exercise without rest may cause excess burning of calories and the person may become weak. ~~So for that reason regular~~ Regular exercise is needed to keep all the muscle working and in proper shape. Proper rest of the proper amount of sleep is necessary because of the repair and regeneration of body cell take place during the sleep time. So, for that reason regular exercise and proper ~~rest~~ rest is must.

Q3. Children eating more fast food tend to suffer from obesity. Comment.

ans. Fast food contain more fats ~~which~~ due to which the fats store a lot in human body and which lead to suffer from obesity.

Q4. How can we control the spreading of disease by mosquitoes and houseflies?

ans. We can control the spreading of disease by mosquitoes and houseflies by proper hygiene and sanitation.