

Chapter- 6 [The foods of India]
WORKSHEET (SOCIAL SCIENCE)

1. Himachal Pradesh: Apple-Ladakh:

Apricots

II. Rice: Cereal - Rajma: Pulse

III. Uttar Pradesh: Roti made of wheat - Rajasthan Roti made of jowar and bajra

IV. Meat: non-veg - Cloves: Spices

i. Apples, Mangoes, peaches - apricots

ii. Jowar, Bajra, chana, rice

iii. Wheat, toor, moong, masoor

iv. Cinnamon, Cardamom, Cloves, Corn

v. Tomato, Apricot, brinjal, beans

i. Varieties of mangoes - Alphonso, Dussheri

ii. Cereals grown in India - Rice, Corn

iii. Meat-based Indian dishes - Biryani, Fried rice

iv Spice-growing states of India-

1 Kerala: pepper,

2 Sikkim: Cardamom

1 Rasgulla, Laddo, Gulab jamun and Jalebi are the popular Indian sweets.

ii Pineapple, Coconut are grown in Southern India.