

## Chapter- 7

## The foods of India

## WORKSHEET

Complete the pairs.

- I. Himachal Pradesh: Apple – Ladakh : Apricot
- II. Rice: Cereal - Rajma: pulses
- III. Uttar Pradesh: Roti made of wheat- Rajasthan Roti made of jowar and bajra
- IV. Meat: non-veg - Onions : spices

Circle the odd one out.

- i. Apples, mangoes, Peaches, Apricots
- ii. Jowar, bajra, chana, rice
- iii. Wheat, toor, moong, masoor
- iv. Cinnamon, cardamom, cloves, corn
- v. Tomato, apricot, brinjal, beans

Write two examples of each:

- i. Varieties of mangoes Totapuri, Alphonso
- ii. Cereals grown in India wheat, rice
- iii. Meat-based Indian dishes Biryani, Tandoori chicken
- iv. spice-growing states of India Andhra Pradesh, Gujarat

Answer the following:

- i. Write some popular Indian sweets.  
Kaju katli, Gulab Jamun, sandesh, Modak  
Gajar ka halwa, Rasgulla, Rabri, Ladoo  
Mysore pak
- ii. What kind of fruits are grown in southern India?  
Elephant yam, sunberry, lotus stem, red okra  
are grown in southern India.