

Communicable diseases

* These are diseases that can be passed on from one person to another.

* Communicable diseases are spread by microbes or germs called bacteria, protozoa and viruses.

* These ~~germs~~ germs spread through coughing, spitting or sneezing.

* ~~Bacteria~~ cause

* diseases like plague, tuberculosis, malaria ~~and~~, polio and chicken pox are ex of communicable disease.

Non-Communicable diseases

These are diseases that are not passed on from one person to another.

Non-Communicable diseases are caused by deficiency of nutrients in our body.

* They cannot spread touching, coughing, etc.

* Some non-communicable diseases are night blindness, beriberi, scurvy, rickets ~~and~~ and anaemia.