

1) The hormones which regulate male and female secondary sexual characters are Androgen testosterone (in males) and estrogen (in females)

2)

	Males	Females
Physical change	Broaden shoulders, <del>narrow</del> hips	narrow shoulders, broaden hips
	deep, low pitched voice	high pitched voice

Psychological changes -

i) Adolescents feel stressed out but hesitate to share their problems with others

ii) Become self conscious and feel worried about future