

Difference between non-communicable diseases & communicable diseases

Non-communicable diseases

① These are the diseases that do not spread from one person to another.

② These diseases are caused due to lack of right kind of food in our diet.

③ eg: - night blindness, beriberi, scurvy, rickets

Communicable diseases

① These are the diseases that can spread from one person to another.

② These diseases are spread by microbes or germs called bacteria, protozoa & viruses through coughing, sneezing or spitting.

③ eg: - typhoid, malaria, measles, common cold etc.