

The harmful effects of watching Television.

Nowadays watching too much TV has become a very widespread problem. We can see a TV in every home, even the parents begin to teach their childrens to watch TV from early childhood, because they think that is a good way to develop a child. Sometimes people forget that the TV does not always carry only positive aspects. Negative ~~aspects~~ effects of the TV have become quite an obvious fact. As a consequence, TV affects human physical, mental and social health in a very destructive manner. One reason why people should not watch TV is the reduction of mental capacity.