

ch-2 - Food & Health

Question

Oral question & answer

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Choose the correct answer.

1. Deficiency of vitamin C causes scurvy / night blindness / rickets.
2. Beriberi is a disease caused by the deficiency of vitamin B₁ / vitamin C / vitamin A.
3. Rickets / Anemia / malaria is a disease in which the bones become soft.
4. Deficiency of iron / iodine / calcium body causes goitre.