

DRAW AND VEGETABLE FRUIT  
COLOUR



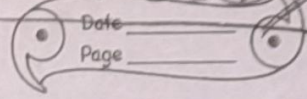
→ Lady finger



→ Grapes

C.W  
7.5.21

# MY BODY NEEDS FOOD CH-3



## NOTES

1. We get food both from plants and animals.
2. We get fruits, vegetables, pulses and grains from plants.
3. We get fish, milk, chicken and egg from animals.
4. Milk is a complete food.