

① Name the hormones which regulates the male and female secondary characters.

ans → In males the testosterone (produced by testes) regulate secondary characters and in females Oestrogen (produced by ovaries) regulate secondary characters.

② Write any two physical and physiological changes during puberty in males and females.

ans → In Males:

\* Physical changes

- ↳ Voice gets deeper
- ↳ Growth of pubic hairs

\* Psychological changes -

- ↳ Peer pressure
- ↳ Thinking about self future.

In females:

\* Physical changes

- ↳ Development of breasts
- ↳ Widening of hips.

## Psychological changes

↳ ~~let~~ feel unconscious

↳ think about their future.