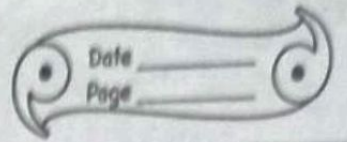


6.11.21

Ch-7

Biology

H:W



(1) Define the following terms:

(a) A state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity is called Health.

(b) An 'illness or sickness characterised by specific signs or ~~or~~ symptom is called disease

(3) The features of a healthy human being ~~are~~ is :-

- Strong nails



- ~~(P)~~ Healthy Teeth and Gums
- Body Mass Index is Balanced
- Enough Sleep
- Social Interaction
- Healthy Diet