

Mango - The National Fruit

Mango is the national ~~fruit~~ fruit of India which is loved by one and all. It is very juicy, pulpy and luscious fruit. Ripe mangoes can either be consumed raw or in the form of salad, juice, jams, milkshakes or pickles. Mango is a rich source of various vitamins and minerals. In tropical and sub-tropical climates, mango is the most enjoyable fruit in summer. There are various types of mangoes like Bainganpalli, Dussehari, Amrapalli, Kesari Totapuri etc. A lot of people also love to eat it in the form of ice creams. Thus, it also brings a lot of happiness to all ages of people. Mango is also known as the 'king of fruits'.