

HW
15.6.21

Mention the difference between communicable and non-communicable diseases.

Ans. Communicable

- Diseases that can spread from one to another person is called a communicable disease.
- Communicable diseases are spread by microbes or germs.
- These germs spread through coughing, spitting or sneezing.
- Germs enter the body of a person through the nose or mouth, or with food and water.
- They can also enter the body of the person through cuts in the skin.

Ex - Common cold, Chickenpox and measles

Non-communicable

- These diseases are not passed to person to person.
- These diseases are caused due to the lack of kind of food in our diet.
- Ex - Allergy, obesity, diabetes, asthma, night blindness, Beri-beri, scurvy, rickets and anaemia