

# Worksheet 25

Writing : Speech

Date

Name

Class & Sec.

Roll No.

Marks OBT.

1. You are asked to address the morning assembly of your school on the topic "Value of Games and Sports". Prepare a speech in 100-150 words.

## Hints

- mention the value of games
- necessary to keep fit and strong
- a sound mind dwells in a strong body
- build up stamina, team spirit

## Space for Answer

Life is a game and the world is a playground. We have to play the game of life with all our energy and courage. Games and sports help us to learn how to overcome to challenge of life. A sound mind lives only in a sound body. Sports and games are useful for the students who must have a balanced development of the body as well as the mind. Education is incomplete without games. Games are necessary to keep the body fit and trim. Moreover, they provide recreation. Students feel happier in a playground than in a classroom. Games also teach us that we should play a game for game's sake, not for victory or defeat. Games and sports also produce a sense of equality, co-operation on fraternity.