

cw

1172

THE FOOD WE EAT

Date _____
Page _____

SUGAR

SUGAR

SUGAR

DINNER

DINNER

DINNER

CHAPPATI

CHAPPATI

CHAPPATI

BREAKFAST

BREAKFAST

BREAKFAST

FRUITS

FRUITS

FRUITS

VEGETABLE

VEGETABLE

VEGETABLE

DISEASE

DISEASE

DISEASE

GROW

GROW

GROW

RICE

RICE

RICE

LUNCH

LUNCH

LUNCH

HEALTHY

HEALTHY

HEALTHY

PULSES

PULSES

PULSES

ENERGY

ENERGY

ENERGY

BUTTER

BUTTER

BUTTER

BREAD

BREAD

BREAD