

1) The adrenal glands are like caps over the kidney. Each adrenal gland is of 2 parts - Medulla and Cortex. Medulla secretes the adrenaline that's why it is called adrenal gland.

ii) The emergency hormone is the adrenaline. It is secreted in the medulla.

iii) Pancreas:-

as Exocrine - secretes pancreatic juices containing several enzymes.

as Endocrine - secretes insulin & glucagon

Thus works both as endocrine & exocrine.